

**PGY 4 Schedule – core curriculum**

- 1. Academic day on Thursdays, unless mentioned otherwise (time can be adjusted with the tutor for better convenience).**
- 2. Residents are expected to attend all activities as the aim of the lectures is to provide a comprehensive foundation in general psychiatry, for developing psychiatric residents.**
- 3. All residents attending the core curriculum lectures will be expected to have read the appropriate chapters written in the references. Chapters may overlap and get repeated due to importance of subject. Electronic access will be provided to residents via the board website. The main reference is Kaplan and Sadocks synopsis edition 12. Articles and other references will be provided in PDF documents.**
- 4. On day of lectures, you will be expected to complete a Tutor’s Evaluation Form for each lecture.**
- 5. Attendance will be monitored via tutors. Attendance rates below 70% may result in an “unsatisfactory” rating and will become part of your academic file and will be reviewed by the program director.**
- 6. In case of unavailability of supervisors or presenting resident, the curriculum coordinator must be notified to arrange a substitute.**
- 7. In case of academic day schedule change, it is expected that the residents will resume their work duty on that day.**
- 8. Residents are asked to arrange their on-call schedules and duties. Avoid (if possible) night duty on Wednesdays for better preparation for academic day.**

## Core Curriculum PGY2 lectures

Topic	Time	Recommended Presenters	CaNMEDS objectives:	References	Tutor Signat ure
<b>Week 1 (05/10/2023)</b>					
<b><u>Orientation Day</u></b>	8 -9:30am	Program Director and Faculty	Collaborator 1, 2 Leader 1	Resident and Tutor Manual 2019	
<b><u>PGY -4 curriculum</u></b>	10:00 – 11:30 am	Dr Program Director  And faculty	Collaborator 1, 2 Leader 1	- Senior Role	
<b>Week 2 (12/10/2023)</b>					
<b><u>Introduction to DBT 1</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<p>- Consultation-Liaison Psychiatry: Models and Process</p> <p>- Delirium Acute Agitation</p> <p>- Neuroleptic Malignant Syndrome and Serotonin Syndrome</p>	10:00 - 12:00	Dr. Abdullah Alozairi  Dr Hussain AlSarraf	<p>Medical Expert 1.3.14 2.1.2.1.11 2.1.2.7</p> <p>Collaborator</p>	<p>- Kaplan and Sadocks synopsis Chapter 25.1</p> <p>Chapter 3.1</p> <p>Chapter 21</p>	

<b>Week 3 (19/10/2023):</b>					
<b><u>Introduction to DBT 2</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Substance Use Disorders: The Psychological Theory</u></b>	9:00 - 10:00	Dr Ammar Alsayegh	Medical Expert 2.1.1.1.8	- Kaplan and Sadocks synopsis Chapter 4	
<b>Week 4 (26/10/2023)</b>					
<b><u>Introduction to DBT 3</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>R5 leadership residency experience and wellbeing</u></b>	9:00 - 10:00 am	Dr Talal Sayed -Dr Ibrahim Almazidi - Dr Zahra Abul	Scholar 1 Professional 3.1, 3.2 Leader 2		
<b><u>Depression in Medical Settings</u></b> <b><u>Bedside Psychotherapy</u></b>	10:00 - 12:00 am	Dr Najah AlEnezi  Dr Mohammed Mostafa	Medical Expert 1.3.14 2.1.1.7 2.1.1.8	- Kaplan and Sadocks synopsis Chapter 25	
<b>Week 5 (02/11/2023)</b>					
<b><u>Introduction to DBT 4</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		

<b><u>CPI Training</u></b>	9:00 - 1:00 pm	All Residents			
<b>Week 6 (09/11/2023)</b>					
<b><u>DBT Therapy</u></b> <b><u>1</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Motivational</u></b> <b><u>Interviewing</u></b>	9:00 - 10:00 am	Dr Hussain Alshatti	Medical Expert 4.1.5.3	Kaplan and Sadocks synopsis  <b>Motivational</b> <b>Interviewing, Third</b> <b>Edition:</b>	
<b><u>“The Hateful</u></b> <b><u>Patient”</u></b>  <b><u>Attachment</u></b> <b><u>theory in the</u></b> <b><u>medically ill</u></b>	10:00 - 12:00	Dr Mohammed AboZaid	Medical Expert 2.1.1.8.	- Kaplan and Sadocks synopsis Chapter 32	
<b>Week 7 (16/11/2023)</b>					
<b><u>DBT Therapy</u></b> <b><u>2</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Case Challenge:</u></b> <b><u>The Nihilist</u></b>	10:00 - 11:00	Dr Ammar Alsayegh			
<b>Week 8 (23/11/2023)</b>					

<b><u>DBT Therapy</u></b> <b>3</b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
- <b><u>HIV and AIDS</u></b>  - <b><u>Neuropsychia tric Syndromes</u></b>  - <b><u>Rapidly Progressive Dementias</u></b>  - <b><u>Encephalitis</u></b>	10:00 - 12:00	Dr. Abdullah Alozairi  Dr Hussain AlSarraf	Medical Expert 2.1.1.1.7.	- Kaplan and Sadocks synopsis Chapter 3.2, 3.3, 3.4	
<b>Week 9 (30/11//2023)</b>					
<b><u>DBT Therapy</u></b> <b>4</b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Case Challenge: The Charmer</u></b>	10:00 - 11:00	Dr Ammar Alsayegh			
<b>Week 10 (7/12/2023)</b>					
<b><u>DBT Therapy</u></b> <b>5</b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		



- <b><u>Suicide Risk Assessment in the Medical Hospital</u></b>	10:00 - 12:00	Dr Ali AlTajali	Medical Expert 1.3.8 4.4. 1.3.16	- Kaplan and Sadocks synopsis Chapter 28	
<b>Week 11 (14/12/2023)</b>					
<b><u>DBT Therapy</u></b> <b>6</b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Case Challenge:</u></b> <b>The Shriveling Patient</b>	10:00 - 11:00	Dr Ammar Alsayegh			
<b>Week 12 (21/12/2023)</b>					
<b><u>DBT Therapy</u></b> <b>7</b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
- <b><u>Perinatal sychiatry I (Overview and Depression)</u></b>					
- <b><u>Perinatal Psychiatry II (Bipolar Disorder and Opiate Disorder)</u></b>	10:00 - 12:00	Dr Aseel Ibrahim	Medical Expert 2.1.1.7.	- Kaplan and Sadocks synopsis Chapter 25	
<b>Week 13 (28/12/2023) NEW YEAR</b>					



<b><u>Feedback to residents and faculty</u></b>	9:00 -10:00 am	Faculty			
<b><u>Self-study: The Psychology Behind New Year's Resolutions That Work</u></b>	8-11am		Scholar 1,2,3,4	Psychology Today; December 30, 2022 <a href="https://shorturl.at/ehmtM">https://shorturl.at/ehmtM</a>	
<b>Week 14 (4/1/2024)</b>					
<b><u>DBT Therapy 8</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Case Challenge: Calling the Exorcist (First Episode Psychosis case)</u></b>	10:00 - 11:00	Dr Noura AlNouri			
<b>Week 15 (11/01/2024)</b>					
<b><u>DBT Therapy 2</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		



- <b><u>Psychiatric Care of the Renal Patient</u></b>	10:00 - 12:00	Dr Mohammed Mustafa	Medical Expert 2.1.1.7.	- Kaplan and Sadocks synopsis Chapter 25	
- <b><u>Psychiatric Care in Liver Disease</u></b>					
<b>Week 16 (18/01/2024)</b>					
<b><u>DBT Therapy 10</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Case Challenge: The SuperNormal</u></b>	10:00 - 11:00	Dr Ammar Alsayegh			
<b>Week 17 (25/01/2024)</b>					
<b><u>DBT Therapy 11</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
- <b><u>Cardiac Psychiatry</u></b>					
- <b><u>Psychiatric Consultation for Diabetes</u></b>	10:00 - 12:00	Dr. Abdullah Alozairi	Medical Expert 2.1.1.7.	- Kaplan and Sadocks synopsis Chapter 25	
- <b><u>Psychiatric Care for Bariatrics and Obesity</u></b>		Dr Hussain AlSarraf			



<b>Week 18 (1/02/2024)</b>					
<b><u>DBT Therapy</u></b> <b><u>12</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b>Week 19 (08/02/2024)</b>					
- <b><u>Transplant Psychiatry</u></b>	10:00 - 12:00	Dr. Abdullah Alozairi	Medical Expert 2.1.1.1.7.	- Kaplan and Sadocks synopsis Chapter 25	
- <b><u>Psycho- oncology</u></b>		Dr Hussain AlSarraf			
<b>Week 20 (15/02/2024)</b>					
<b><u>DBT Therapy</u></b> <b><u>13</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b>Week 21 (22/2/2024)</b>					
- <b><u>Psychopharm acology in the Medically III</u></b>	10:00 - 12:00	Dr Ali AlTajali	Medical Expert 2.1.1.7. 4.1.2. 4.1.7.	- Kaplan and Sadocks synopsis Chapter 25	
<b>Week 22 (29/02/2024)</b>					
<b>Week 23 (07/03/2024)</b>					
<b><u>DBT Therapy</u></b> <b><u>14</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b>Week 24 (14/03/2024) Ramadan Kareem</b>					
<b>Week 25 (21/3/2024)</b>					
<b><u>DBT Therapy</u></b> <b><u>15</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		

<b>Week 26 (28/3/2024)</b>					
- <u>Somatoform Disorders, Body Dysmorphic Disorder, Factitious Disorder, and Malingering</u>	10:00 - 12:00	Dr Najah AlEnezi	Medical Expert 2.1.2.1.11 2.1.1.7.	- Kaplan and Sadocks synopsis Chapter 25	
- <u>PNES and how to manage them</u>					
<b>Week 27 (04/04/2024)</b>					
- <u>Neuropsychiatry of epilepsy</u>	10:00 - 12:00	Dr Hussain Alshatti	Medical Expert 1.3.14.	- Kaplan and Sadocks synopsis Chapter 25	
- <u>Neuropsychiatry of TBI</u>					
<b>Week 28 (11/04/2024) Happy Eid</b>					
<b>Week 29 (18/04/2024)</b>					
<u>DBT Therapy 16</u>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b>Week 30 (25/04/2024)</b>					
<b>Week 31 (02/05/2024)</b>					
<u>Feedback to residents and faculty</u>	9-11 am	Faculty	Scholar 3.6. Collaborator 1.6. Leader 4.1.		
<b>Week 32 (09/05/2024)</b>					
<b>Week 33 (16/05/2024)</b>					



Week 34 (23/05/2024)					
Week 35 (30/05/2024)					
Week 36 (6/06/2024)					
Week 50 (12/09/2024)					
<b>MCQ</b>	8-11 am		Medical expert Scholar		