

PGY 5 Schedule – core curriculum

1. Academic day (every Thursday, unless mentioned otherwise) starts at 8 am in the resident's room (time can be adjusted with the tutor for better convenience). Every other week is followed by self-study and clinical interview skills.
2. Residents are expected to attend all activities as the aim of the lectures is to provide a comprehensive foundation in general psychiatry, for developing psychiatric residents.
3. The residents are expected to present the lectures under the supervision of the designated tutors and PGY-5 residents. (CANMED scholar 3 and 4, leader 1.1)
4. Tutors can provide additional slides or summaries when appropriate when it serves the academic subject.
5. All residents attending the core curriculum lectures will be expected to have read the appropriate chapters written in the references. Chapters may overlap and get repeated due to the importance of subject. Electronic access will be provided to residents via the board website. The main reference is Kaplan and Sadock's synopsis edition 12. Articles and other references will be provided in PDF documents.
6. Attendance will be monitored via tutors. Attendance rates below 70% may result in an "unsatisfactory" rating and will become part of your academic file and will be reviewed by the program director.
7. In case of unavailability of supervisors or presenting resident, the curriculum coordinator must be notified to arrange a substitute.
8. In case of academic day schedule change, it is expected that the residents will resume their work duty on that day.
9. Residents are asked to arrange their on-call schedules and duties. Avoid (if possible) night duty on Wednesdays for better preparation for academic day.
10. The division of residents goes as follows:
 - Resident 1 = Dr Fajer AlSumait
 - Resident 2 = Dr Bandar AlMutairi
 - Resident 3 = Dr Elham AlDuaij
 - Resident 4 = Dr Fawzeih AlRashidi
 - Resident 5 = Dr Nourah AlModahka.
 - Resident 6 = Dr Nourah Abdulsalam
 - Resident 7 = Dr Bedour AlBader

Core Curriculum PGY5 lectures

| Topic | Time | Recommended Presenters | CaNMEDS objectives: | References | Tutor Signat ure |
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| Week 1 (05/10/2023) | | | | | |
| <u>Program Orientation Day</u> | 8:00 - 10:30 am | Program Director and Faculty | Collaborator 1, 2 Leader 1 | Resident and Tutor Manual 2019 | |
| Week 2 (12/10/2023) | | | | | |
| <u>Psychiatry Interview</u> <u>Mental State Examination</u> | 9:00 – 10:00 am | -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 5 Communicator 1 | - Kaplan and Sadocks synopsis (Chapter 5.1) | |
| <u>Road To OSCE RTO</u> <u>Case 1</u> | 11:30 am - 1:30 pm | | | | |
| Week 3 (19/10/2023) | | | | | |
| <u>Emergency Psychiatry</u> <u>Suicide</u> <u>Violence and agitation Management</u> | 9:00 – 10:00 am | Resident 1 (presenter) -Dr Ali AlTajali -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 1.3.16., 1.1 and 1.3.16.2 Communicator 5 | - Kaplan and Sadocks synopsis (Chapter 23.1 and 23.2) -Extra: Clinical Psychiatry skills by David Goldbloom, chapter 14 | |
| <u>CITE practice</u> | 11:30 am - 1:30 pm | | | | |

| Week 4 (26/10/2023) | | | | | |
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| <u>R5 leadership residency experience and wellbeing</u> | 9:00 -10:00 am | Dr Talal Sayed -Dr Ibrahim Almazidi - Dr Zahra Abul | Scholar 1 Professional 3.1, 3.2 Leader 2 | | |
| <u>Road To OSCE RTO Case 2</u> | 11:30 am -1:30 pm | | | | |
| Week 5 (2/11/2023) | | | | | |
| <u>CPI Training</u> | 9:00 - 1:00 pm | All Residents | | | |
| Week 6 (9/11/2023) | | | | | |
| <u>Basic Neuroanatomy, and neurophysiology Part 1</u> | 9:00 - 10:00 am | Resident 2 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 2.1.2.5. and 2.1.2.6. | - Kaplan and Sadocks synopsis (Chapter 1.2, and 1.4 -Stahl Essential Psychopharmacology Chapter 1, 2 and 3 | |
| <u>CITE practice</u> | 11:30 am -1:30 pm | | | | |
| Week 7 (16/11/2023) | | | | | |
| <u>Basic Neuroanatomy, and neurophysiology Part 2</u> | 9:00 - 10:00 am | Resident 3 (presenter) -Dr Tareq Shokri -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 2.1.2.5. and 2.1.2.6. | - Kaplan and Sadocks synopsis (Chapter 1.2, and 1.4 -Stahl Essential Psychopharmacology Chapter 1, 2 and 3 | |



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| Road To OSCE RTO Case 3 | 11:30 am -1:30 pm | | | | |
| Week 8 (23/11/2023) | | | | | |
| Basic Descriptive Psychopathology Classification of Psychiatric disorders | 9:00 - 10:00 am | Resident 4 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 2.1.1.6. | - Kaplan and Sadocks synopsis (Chapter 6) - Fish's Clinical Psychopathology - DSM -5 | |
| CITE practice | 11:30 am -1:30 pm | | | | |
| Week 9 (30/11/2023) | | | | | |
| Critical Appraisal | 9:00 - 10:00 am | Resident 5 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 2.1.2.10. Scholar 2 | - Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice (P20-86) | |
| Road To OSCE RTO Case 4 | 11:30 am -1:30 pm | | | | |
| Week 10 (7/12//2023) | | | | | |
| Stahl Essential Psycho- pharmacology | 9:00 - 10:00 am | Resident 6 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 2.1.2.10. Scholar 2 | - Stahl Essential Psycho- pharmacology Chapter 1, 2 and 3 | |



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| <u>CITE practice</u> | 11:30 am -1:30 pm | | | | |
| Week 11 (14/12/2023) | | | | | |
| <u>Psychotic Disorders</u> | 9:00 - 10:00 am | Resident 7 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 2.1.1.1.7. | Kaplan and Sadocks synopsis (Chapter 7) | |
| <u>Road To OSCE RTO Case 5</u> | 11:30 am -1:30 pm | | | | |
| Week 12 (21/12/2023) | | | | | |
| <u>CATIE Study</u> | 9:00 -10:00 am | Resident 1 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Scholar 1,2,3,4 | The CATIE Schizophrenia Trial: Results, Impact, Controversy | |
| <u>CITE practice</u> | 11:30 am -1:30 pm | | | | |
| Week 13 (28/12/2023) | | | | | |
| <u>Feedback to residents and faculty</u> | 9:00 -10:00 am | Faculty | | | |

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| <u>Road To OSCE</u> | 11:30 am | | | | |
| <u>RTO</u> | -1:30 pm | | | | |
| <u>Case 6</u> | | | | | |
| Week 14 (04/1/2024) | | | | | |
| <u>Mood Disorders</u> | 8-11 am | Resident 2 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 2.1.1.1.2 | - DSM 5 - Kaplan and Sadocks synopsis (Chapter 8.1 and 8.2) | |
| <u>CITE EXAM</u> | 11:30 am -1:30 pm | | | | |
| Week 15 (11/01/2024) | | | | | |
| <u>CANMAT 2018</u> | 9:00 -10:00 am | Resident 3 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Scholar 1,2,3,4 | -Canadian Network for Mood and Anxiety Treatments (CANMAT) and International Society for Bipolar Disorders (ISBD) 2018 | |
| <u>Road To OSCE</u> | 11:30 am | | | | |
| <u>RTO</u> | -1:30 pm | | | | |
| <u>Case 7</u> | | | | | |
| Week 16 (18/01/2024) | | | | | |
| <u>Anxiety Disorders</u> | 9:00 -10:00 am | Resident 4 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 2.1.1.1.3. | - Kaplan and Sadocks synopsis (Chapter 9) | |



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| <u>CITE EXAM</u> | 11:30 am -1:30 pm | | | | |
| Week 17 (25/01/2024) | | | | | |
| <u>STAR-D</u> | 9:00 -10:00 am | Resident 5 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Scholar 1,2,3,4 | The Sequenced Treatment Alternatives to Relieve Depression (STAR*D) Trial: A Review | |
| <u>Road To OSCE RTO Case 8</u> | 11:30 am -1:30 pm | | | | |
| Week 18 (01/02/2024) | | | | | |
| <u>Sociocultural science</u> | 9:00 -10:00 am | Resident 6 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Scholar 1,2,3,4 | - Kaplan and Sadocks synopsis (Chapter 3.2-3.3) | |
| <u>CITE EXAM</u> | 11:30 am -1:30 pm | | | | |
| Week 19 (08/02/2024) Esra and Mearaj Holiday | | | | | |
| Week 20 (15/02/2024) | | | | | |
| <u>Sleep Disorders</u> | 9:00 -10:00 am | Resident 6 (presenter) -Dr Tareq Shokri -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical expert 2.1.2.1.10 | - Kaplan and Sadocks synopsis (Chapter 16) | |



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| <u>Road To OSCE</u> | 11:30 am | | | | |
| <u>RTO</u> | -1:30 pm | | | | |
| <u>Case 9</u> | | | | | |
| Week 21 (22/02/2024) | | | | | |
| <u>Personality Disorders</u> | 9:00 -10:00 am | Resident 7 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical expert 2.1.1.1.6. | - Kaplan and Sadocks synopsis (Chapter 22) -DSM 5 | |
| <u>CITE EXAM</u> | 11:30 am -1:30 pm | | | | |
| Week 22 (29/2/2024) | | | | | |
| <u>Substance Use Disorders</u> | 9:00 -10:00 am | Resident 1 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical expert 2.1.1.1.8. | - Kaplan and Sadocks synopsis (Chapter 20) - DSM 5 | |
| <u>Road To OSCE</u> | 11:30 am | | | | |
| <u>RTO</u> | -1:30 pm | | | | |
| <u>Case 10</u> | | | | | |
| Week 23 (07/03/2024) | | | | | |
| <u>Developmental theories</u> | | | | | |
| <u>(Learning theories, attachment theories, cognitive development)</u> | 9:00 -10:00 am | Resident 2 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical expert 2.1.1.3. | - Kaplan and Sadocks synopsis (Chapter 2.1 and 2.2) | |

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| <u>CITE EXAM</u> | 11:30 am -1:30 pm | | | | |
| Week 24 (14/03/2024) Ramadan Kareem | | | | | |
| Week 25 (21/3/2024) | | | | | |
| <u>Ethics: pillars of ethics, conflict of interests, boundaries in psychiatry.</u> | 10-11 am | Resident 3 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical expert 1.6, 1.3.3 Communicator 1.2, 1.3 Professional 1 Collaborator 1.9 | - Kaplan and Sadocks synopsis (Chapter 36.2) --The APA TEXTBOOK OF PSYCHIATRY (6 edition) (chapter 7) | |
| Week 26 (28/3/2024) | | | | | |
| <u>Consent, Capacity and mental health law</u> | 10-11 am | Resident 4 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical expert 1.3.5, 1.3.6 and 1.3.8 Professional 2.1. | - Kaplan and Sadocks synopsis (Chapter 36.1) | |
| Week 27 (04/04/2024) | | | | | |
| <u>Somatic Medicine</u> | 10-11 am | Resident 5 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical expert 2.1.2.1.11 | - Kaplan and Sadocks synopsis (Chapter 13) | |
| Week 28 (11/04/2024) Happy Eid | | | | | |

| Week 29 (18/04/2024) | | | | | |
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| <u>Difference between early-phase primary psychotic disorders with concurrent substance use and substance induced psychoses</u> | 9:00 -10:00 am | Resident 6 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Scholar 1,2,3,4 | Article (Arch Gen psychiatry, Vol 62, 2005) | |
| <u>Road To OSCE RTO Case 11</u> | 11:30 am -1:30 pm | | | | |
| Week 30 (25/04/2024) | | | | | |
| <u>Formulation Practice</u> | 9:00 - 10:00 am | Resident 7 (presenter) -Dr Shenoda Anwar -Dr Ibrahim Almazidi - Dr Zahra Abul | Medical Expert 2.1.1.6. | - Kaplan and Sadocks synopsis (Chapter 6) - Fish's Clinical Psychopathology - DSM -5 | |
| <u>CITE EXAM</u> | 11:30 am -1:30 pm | | | | |
| Week 31 (02/05/2024) | | | | | |
| <u>Feedback to residents and faculty</u> | 9-11 am | Faculty | Scholar 3.6. Collaborator 1.6. Leader 4.1. | | |



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| <u>Road To OSCE</u> <u>RTO</u> <u>Case 12</u> | 11:30 am -1:30 pm | | | | |
| Week 32 (09/05/2024) | | | | | |
| <u>Extra Lecture</u> | | | | | |
| <u>Road To OSCE</u> <u>RTO</u> <u>Case 13</u> | 11:30 am -1:30 pm | | | | |
| Week 33 (16/05/2024) | | | | | |
| <u>Extra Lecture</u> | | | | | |
| <u>Road To OSCE</u> <u>RTO</u> <u>Case 14</u> | 11:30 am -1:30 pm | | | | |
| Week 34 (23/05/2024) | | | | | |
| <u>Extra Lecture</u> | | | | | |
| <u>Road To OSCE</u> <u>RTO</u> <u>Case 15</u> | 11:30 am -1:30 pm | | | | |
| Week 35 (30/05/2024) | | | | | |
| <u>Extra Lecture</u> | | | | | |
| <u>Road To OSCE</u> <u>RTO</u> <u>Case 16</u> | 11:30 am -1:30 pm | | | | |
| Week 36 (06/06/2024) | | | | | |
| <u>Extra Lecture</u> | | | | | |
| <u>Road To OSCE</u> <u>RTO</u> <u>Case 17</u> | 11:30 am -1:30 pm | | | | |



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| Week 37 (13/6/2023) | | | | | |
| <u>Road To OSCE</u> | 11:30 | | | | |
| <u>RTO</u> | am | | | | |
| <u>Case 18</u> | -1:30 | | | | |
| | pm | | | | |
| Week 38 (20/6/2024) Eid AlAdhha | | | | | |
| Week 39 (27/6/2024) | | | | | |
| <u>Study Time</u> | | | | | |
| Week 40 (04/07/2024) | | | | | |
| <u>Study Time</u> | | | | | |
| Week 41 (11/07/2024) | | | | | |
| <u>Study Time</u> | | | | | |
| Week 42 (18/07/2024) | | | | | |
| <u>Study Time</u> | | | | | |
| Week 43 (25/07/2024) | | | | | |
| <u>Study Time</u> | | | | | |
| Week 44 (1/08/2024) | | | | | |
| <u>Study Time</u> | | | | | |
| Week 45 (08/08/2024) | | | | | |
| <u>Study Time</u> | | | | | |
| Week 46 (15/08/2024) | | | | | |
| <u>Study Time</u> | | | | | |



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| Week 47 (22/08/2024) | | | | | | |
| <u>Study Time</u> | | | | | | |
| Week 48 (29/08/2024) | | | | | | |
| <u>Study Time</u> | | | | | | |
| Week 49 (05/09/2024) | | | | | | |
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| Week 50 (12/09/2024) | | | | | | |
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| Week 51 (19/09/2024) | | | | | | |
| FINAL EXAMS WEEK | | | | | | |