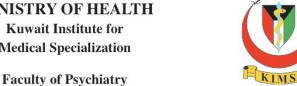
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### **PGY 4 Schedule – core curriculum**

- 1. Academic day on Thursdays, unless mentioned otherwise (time can be adjusted with the tutor for better convenience).
- 2. Residents are expected to attend all activities as the aim of the lectures is to provide a comprehensive foundation in general psychiatry, for developing psychiatric residents.
- 3. All residents attending the core curriculum lectures will be expected to have read the appropriate chapters written in the references. Chapters may overlap and get repeated due to importance of subject. Electronic access will be provided to residents via the board website. The main reference is Kaplan and Sadocks synopsis edition 12. Articles and other references will be provided in PDF documents.
- 4. On day of lectures, you will be expected to complete a Tutor's Evaluation Form for each lecture.
- 5. Attendance will be monitored via tutors. Attendance rates below 70% may result in an "unsatisfactory" rating and will become part of your academic file and will be reviewed by the program director.
- 6. In case of unavailability of supervisors or presenting resident, the curriculum coordinator must be notified to arrange a substitute.
- 7. In case of academic day schedule change, it is expected that the residents will resume their work duty on that day.
- 8. Residents are asked to arrange their on-call schedules and duties. Avoid (if possible) night duty on Wednesdays for better preparation for academic day.
- 9. Residents are divided into the following

Resident 1: Dr. Fajer Bukobar

Resident 2: Dr. Ibrahim Al-Obaid

Resident 3: Dr. Fajer Al-Hashemi

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## **Core Curriculum PGY4 lectures**

Topic	Time	Recommended Presenters	CaNMEDS objectives	References	Tutor Signature
Week 1 (01/10/2	2024)				
Orientation Day PGY -4 Curriculum	8-11 am	Program Director and Faculty	Collaborator 1, 2 Leader 1	Resident and Tutor Manual 2019	
Week 2 (10/10/2	2024)				
Introduction to  DBT 1	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
- Consultation- Liaison Psychiatry: Models and Process - Delirium Acute Agitation	10:00 - 12:00	Dr. Noura Al- Nouri Dr Hussain AlSarraf	Medical Expert 1.3.14 2.1.2.1.11 2.1.2.7 Collaborator	Kaplan and Sadocks synopsis Chapter 25.1 Chapter 3.1 Chapter 21	

Week 3 (17/10/2024):					
Introduction to DBT 2	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
Substance Use Disorders: The Psychological Theory	9:00 - 11:00	Dr Ammar Alsayegh	Medical Expert 2.1.1.1.8	- Kaplan and Sadocks synopsis Chapter 4	
Week 4 (24/10/2024)					

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Introduction to DBT 3	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2			
R5 leadership residency experience and wellbeing	9:00 -10:00 Am	Dr Talal Sayed	Scholar 1 Professional 3.1, 3.2 Leader 2			
Depression in Medical Settings	10:00 - 11:00 Am	Dr Najah AlEnezi	Medical Expert 1.3.14	- Kaplan a Sadocks sy Chapter 25	nopsis	
Bedside Psychotherapy	11:00 – 12 Am	Dr Mohamed Mostafa	2.1.1.7 2.1.1.8	Chapter 25		
Week 5 (31/10/2	2024)					
Introduction to DBT 4	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2			
Motivational Interviewing	9:00 - 10:00 am	Dr Hussain Alshatti	Medical Expert 4.1.5.3	-Kaplan and synopsis - <b>Motivation</b> Interviewin Edition:	ıal	
"The Hateful Patient"  Attachment theory in the medically ill	10:00 - 12:00	Dr Mohammed AboZaid	Medical Expert 2.1.1.8.	- Kaplan an synopsis Ch	d Sadocks napter 32	
Week 6 (07/11/2	2024)					
DBT Therapy 1	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expe 4.1.5.2	rt		

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The Charmer

12:00

Alsayegh





Faculty of	of Psychiatry	KIMS		كلية الطب النفسي	
CPI Training	9:00 - 1:00 pm	All Residents			
Week 7 (14/11/2	2024)				
DBT Therapy 2	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
Case Challenge: The Nihilist	10:00 - 12:00	Dr Ammar Alsayegh			
Week 8 (21/11/2	2024)				
				'	
DBT Therapy 3	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<ul> <li>HIV and AIDS</li> <li>Neuropsychiatric Syndromes</li> <li>Rapidly Progressive Dementias</li> <li>Encephalitis</li> </ul>	10:00 - 12:00	Dr Hussain AlSarraf Dr. Shereen Abo Alfotooh	Medical Expert 2.1.1.1.7.	- Kaplan and Sadocks synopsis Chapter 3.2, 3.3, 3.4	
Week 9 (28/11//	2024)				
DBT Therapy 4	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
Case Challenge: The Charmer	10:00 -	Dr Ammar			

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- Perinatal Psychiatry II (Bipolar Disorder and Opiate Disorder)





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Faculty of Psy	chiatry	K	I.M.S.		نسي	كلية الطب النف	
Week 10 (5/12/2024)							
110011 10 (0/12/2021	• •						
DBT Therapy 5	8:00 - 9:00am	Dr Athari Hyat I Waleed Murad	Or	Medical Ex	xpert		
					I		
- Suicide Risk Assessment in the Medical Hospital	10:00 - 12:00	Dr Waleed Wasfy	Medica 1.3.8 4.4. 1.3.16	al Expert	- Kaplan aı synopsis C	nd Sadocks hapter 28	
Week 11 (12/12/202	24)						
DBT Therapy 6	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medica 4.1.5.2	al Expert			
<u>Case Challenge:</u> The Shriveling Patient	10:00 - 12:00	Dr Ammar Alsayegh					
Week 12 (19/12/202	24)						
DBT Therapy 7	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medica 4.1.5.2	al Expert			
- Perinatal sychiatry I (Overview and Depression)	10:00 - 12:00 pm	Dr Aseel Al- Ibrahim	Medica 2.1.1.7	al Expert	- Kaplan ar synopsis C	nd Sadocks hapter 25	

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# Week 13 (26/12/2024)

Feedback to residents and faculty	9:00 -10:00 am	Faculty			
Self-study: The Psychology Behind New Year's Resolutions That Work	8-11am			Psychology Today; December 30, 2022 <a href="https://shorturl.at/ehmtM">https://shorturl.at/ehmtM</a>	
Week 14 (2/1/2025)					
DBT Therapy 8	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
Case Challenge: Calling the Exorcist (First Episode Psychosis case)	10:00 - 12:00	Dr Noura AlNouri			
Week 15 (9/01/2025	<u> </u>				
DBT Therapy 9	8:00 - 9:00am		Medical Expert 4.1.5.2		

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Psychopharmacology in

the Medically Ill

10:00 - 12:00

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<ul> <li>Psychiatric Care of the Renal Patient</li> <li>Psychiatric Care in Liver Disease</li> </ul>	10:00 - 12:00	Dr Mohammed Mustafa	Medical Expert 2.1.1.7.	Kaplan and Sadocks synopsis Chapter 25	
Week 16 (16/01/202	25)				
DBT Therapy 10	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
Case Challenge: The SuperNormal	10:00 - 11:00	Dr Ammar Alsayegh			
Week 17 (23/01/202	25)				
DBT Therapy 11	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<ul> <li>Cardiac Psychiatry</li> <li>Psychiatric         Consultation for         Diabetes     </li> <li>Psychiatric Care for</li> <li>Bariatrics and</li> </ul>	10:00 - 12:00	Dr. Abdullah Alozairi Dr Hussain AlSarraf	Medical Expert 2.1.1.7.	Kaplan and Sadocks synopsis Chapter 25 UpToDate - Approach to managing increased risk for cardiovascular disease in patients with severe mental illness	
Obesity Obesity					
Week 18 (30/01/202	25)				
DBT Therapy 12	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Mu			

Dr Ali AlTajali

Medical

Expert

2.1.1.7.

Kaplan and Sadocks

synopsis Chapter 25

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كلية الطب النفسي **Faculty of Psychiatry** 4.1.2., 4.1.7. Week 19 (06/02/2025) Medical **DBT Therapy 13** Dr Athari Hyat 8:00 -Expert Dr Waleed 9:00am 4.1.5.2 Murad Kaplan and Sadocks 10:00 -Dr. Abdullah synopsis Chapter 25 Medical 12:00 Alozairi Expert Transplant Psychiatry UpToDate - Patients 2.1.1.1.7. with cancer: Dr Hussain Psycho- oncology **AlSarraf** Overview of the clinical features and diagnosis of psychiatric disorders Week 20 (13/02/2025) Dr Athari DBT Therapy 14 8:00 -Medical Hyat 9:00am Expert Dr Waleed 4.1.5.2 Murad Assessment of Medical UpToDate - substance use 10:00 -12:00 Dr. Hussain Aladdiction and Expert disorders: Clinical concurrent disorders Shatti 2.1.1.1.8 assessment .,1.3.7. Week 21 (20/2/2025) Dr Athari Medical **DBT Therapy 15** 8:00 -Expert Hyat 9:00am 4.1.5.2 Dr Waleed Murad Medical UpToDate - Substance Pharmacological use disorders: Training, Expert treatment of addiction 10:00 -Dr. Hussain Al-2.1.1.1.8.,1. implementation, and

3.7.

efficacy of treatment with contingency management,

Opioid use disorder: Treatment overview

12:00 am

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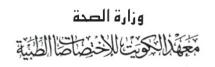
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Faculty of Psy	ematry	TK.I.WI		كلية الطب النفسي						
Week 22 (27/2/2025	Week 22 (27/2/2025) – happy national day									
Week 23 (06/03/202										
DBT Therapy 14	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medica 1 Expert 4.1.5.2							
Perinatal Psychiatry III (Premenstrual dysphoria and postmenopausal depression)		Dr Aseel A- Ibrahim	Medical Expert 2.1.1.7.	Kaplan and Sadocks synopsis Chapter 25						
Week 23 (13/03/202	25)									
DBT Therapy 16	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2							
Post stroke syndrome	110 - 17  nm	Dr. Athari Salmeen	Medical Expert 1.3.14., 2.1.1.1.4 .,3.5.3.7. 3.,3.7.4	UpToDate - Complications of stroke: An overview						
Week 24 (20/03/202	25)									
ECT- 1	8:00- 9:00am	ECT team	Medical Expert 5.2.2.	Observation						
Behavioral changes with epilepsy	1	Dr. Mohammed Ashknani	Medical Expert 1.3.14., 2.1.1.1.4 .,3.5.3.7. 3.,3.7.4	UpToDate - Comorbidities and complications of epilepsy in adults						
Week 25 (27/3/2024	4)									
ECT- 2	8:00- 9:00am	ECT team	Medical Expert 5.2.2.	Resident 1						
Behavioral/cognitive changes in Parkinson's	10 – 12 pm	Dr. Meshal Abo-ElMelh		UpToDate -Cognitive impairment and dementia in Parkinson disease						

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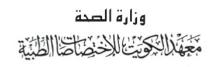
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disease				eal manifestations inson disease	
Week 26 (3/04/2025)-	Possible	Eid holiday	ı?		
Week 27 (10/04/2025)					
ECT – 3	8:00- 9:00am	ECT team	Medical Expert 5.2.2.	Resident 2	
Somatoform Disorders, Body Dysmorphic Disorder, Factitious Disorder, and Malingering PNES and how to manage them	10:00 - 12:00	Dr Najah AlEnezi	2.1.2.1.11	- Kaplan and Sadocks synopsis Chapter 25	
Week 28 (17/04/2025)	1				
ECT – 4	8:00- 9:00am	ECT team	Medical Expert 5.2.2.	Resident 3	
Neuropsychiatry of TBI	10:00 - 12:00	Dr Al- Bahrani	Medical Expert 1.3.14.	- Kaplan and Sadocks synopsis Chapter 25	
Week 29 (01/05/2025)					
ECT – 5	8:00- 9:00am	ECT team	Medical Expert 5.2.2.	Resident 1	
Perinatal Psychiatry IV (Domestic violence/violence against women)	10:00 - 12:00	Dr Aseel A- Ibrahim	Medical Expert 1.3.19., Communicator 1.1.1. and Health advocate 1.2	Intimate partner	

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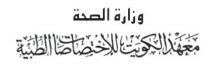
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Week 30 (08/05/2025)					
Feedback to residents and faculty	9-11 am	Faculty	Scholar 3.6. Collaborator 1.6. Leader 4.1.		
Week 30 (15/05/2025)					
ECT – 6	8:00- 9:00am		Medical Expert 5.2.2.	Resident 2	
Serotonin syndrome and Neuroleptic malignant syndrome	10 – 12 pm	Dr. Hussain Al-	Medical Expert 4.1.7.	UpToDate – Serotonin Syndrome, Neuroleptic Malignant Syndrome	
Week 31 (22/05/2025)				<u> </u>	
ECT- 7	8:00- 9:00 am	ECT team	Medical Expert 5.2.2.	Resident 3	
Sleep medicine	10- 12 pm	Dr. Suilman Khadada	Medical Expert 2.1.2.1.10.	UpToDate - Approach to abnormal movements and behaviors during sleep, Overview of circadian rhythm sleep-wake disorders	
Week 32 (29/05/2025)					
ECT- 8	8:00- 9:00 am		Medical Expert 5.2.2.	Resident 1	
Grief and Bereavement	10-12 pm	Dr. Noura Al- Nouri Dr. Aseel Al- Ibrahim		UpToDate – Berveavement and Grief in adults	
Week 33 (05/06/2025)					
ECT- 9	8:00- 9:00		Medical Expert	Resident 2	
		Page 11 of 1	2		

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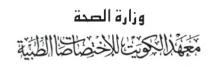
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Week 39 (17/07/20 Already have a clinica		w in int	erview se	minars	- check sc	hedule	
Time to Self-train/prac	tice - Cli	nical in	terview by	y reside	ents PGY - 0	Contact Unit 1 for ca	ndidate
Week 38 (10/07/20	<u> </u>						
- 1000110 000 J 00110 P10810111			Health Advocat Collabor	e 4.5.			
ECT- 13	8:00- 9:0	00 am   E		5.2.2.	Expert	Resident 3	
Week 37 (03/07/20	025)						
Attend day care program	1			Health Advocat Collabor	e 4.5.		
ECT- 12	8:00- 9: am	00 EC	ı icam	Medical 5.2.2.	Expert	Resident 2	
Week 36 (26/06/20	)25)						
ransia any sais program			Health Advocat Collabor	e 4.5.			
ECT- 11 8:00- 9:00 am ECT			Medical 5.2.2.	Expert	Resident 1		
Week 35 (19/06/20	)25)						
Attend day care program	1			Health Advocat Collabor	e 4.5.		
ECT- 10	8:00- 9	:00 am		Medical 5.2.2.	Expert	Resident 3	
Week 34 (12/06/2025)							
					1.4.2		
Forensic psychiatry in spe population (Child, Geriatri ID)		12 pm	Dr. Abdal Al-Humoo		Medical Exp 1.3.12, 2.1.2. Collaborator	2.	

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Week 40 (24/07/2025)		
Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 2 for candidate		
Week 41 (31/07/2025)		
Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 3 for candidate		
Week 42 (07/08/2025)		
Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 4 for candidate		
Week 43 (14/08/2025)		
Already have a clinical interview in interview seminars – check schedule		
Week 44 (21/08/2025)		
Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 5 for candidate		
Week 45 (28/08/2025)		
Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 6 for candidate		
Week 46 (04/09/2025)		
Week 47 (11/09/2025)		
Week 48 (18/09/2025)		
Week 49 (25/09/2025)		
MCQ	8-12 pm	To be confirmed with Dr. Ammar