

**PGY 4 Schedule – core curriculum**

1. Academic day on Thursdays, unless mentioned otherwise (time can be adjusted with the tutor for better convenience).
2. Residents are expected to attend all activities as the aim of the lectures is to provide a comprehensive foundation in general psychiatry, for developing psychiatric residents.
3. All residents attending the core curriculum lectures will be expected to have read the appropriate chapters written in the references. Chapters may overlap and get repeated due to importance of subject. Electronic access will be provided to residents via the board website. The main reference is Kaplan and Sadocks synopsis edition 12. Articles and other references will be provided in PDF documents.
4. On day of lectures, you will be expected to complete a Tutor's Evaluation Form for each lecture.
5. Attendance will be monitored via tutors. Attendance rates below 70% may result in an "unsatisfactory" rating and will become part of your academic file and will be reviewed by the program director.
6. In case of unavailability of supervisors or presenting resident, the curriculum coordinator must be notified to arrange a substitute.
7. In case of academic day schedule change, it is expected that the residents will resume their work duty on that day.
8. Residents are asked to arrange their on-call schedules and duties. Avoid (if possible) night duty on Wednesdays for better preparation for academic day.
9. Residents are divided into the following  
Resident 1: Dr. Fajer Bukobar  
Resident 2: Dr. Ibrahim Al-Obaid  
Resident 3: Dr. Fajer Al-Hashemi

## Core Curriculum PGY4 lectures

Topic	Time	Recommended Presenters	CaNMEDS objectives	References	Tutor Signature
<b>Week 1 (01/10/2024)</b>					
<u>Orientation Day</u> <u>PGY -4 Curriculum</u>	8-11 am	Program Director and Faculty	Collaborator 1, 2 Leader 1	Resident and Tutor Manual 2019	
<b>Week 2 (10/10/2024)</b>					
<u>Introduction to DBT 1</u>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
- Consultation-Liaison Psychiatry: Models and Process  - Delirium Acute Agitation	10:00 - 12:00	Dr. Noura Al-Nouri  Dr Hussain AlSarraf	Medical Expert 1.3.14 2.1.2.1.11 2.1.2.7  Collaborator	Kaplan and Sadocks synopsis Chapter 25.1  Chapter 3.1  Chapter 21	
<b>Week 3 (17/10/2024):</b>					
<u>Introduction to DBT 2</u>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<u>Substance Use Disorders: The Psychological Theory</u>	9:00 - 11:00	Dr Ammar Alsayegh	Medical Expert 2.1.1.1.8	- Kaplan and Sadocks synopsis Chapter 4	
<b>Week 4 (24/10/2024)</b>					



<b><u>Introduction to DBT 3</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>R5 leadership residency experience and wellbeing</u></b>	9:00 -10:00 Am	Dr Talal Sayed	Scholar 1 Professional 3.1, 3.2 Leader 2		
<b><u>Depression in Medical Settings</u></b>	10:00 - 11:00 Am	Dr Najah AlEnezi	Medical Expert 1.3.14 2.1.1.7 2.1.1.8	- Kaplan and Sadocks synopsis Chapter 25	
<b><u>Bedside Psychotherapy</u></b>	11:00 – 12 Am	Dr Mohamed Mostafa			
<b>Week 5 (31/10/2024)</b>					
<b><u>Introduction to DBT 4</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Motivational Interviewing</u></b>	9:00 - 10:00 am	Dr Hussain Alshatti	Medical Expert 4.1.5.3	-Kaplan and Sadocks synopsis - <b>Motivational Interviewing</b> , Third Edition:	
<b><u>“The Hateful Patient”</u></b> <b><u>Attachment theory in the medically ill</u></b>	10:00 - 12:00	Dr Mohammed AboZaid	Medical Expert 2.1.1.8.	- Kaplan and Sadocks synopsis Chapter 32	
<b>Week 6 (07/11/2024)</b>					
<b><u>DBT Therapy 1</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		



<b><u>CPI Training</u></b>	9:00 - 1:00 pm	All Residents			
----------------------------	-------------------	---------------	--	--	--

**Week 7 (14/11/2024)**

<b><u>DBT Therapy 2</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Case Challenge: The Nihilist</u></b>	10:00 - 12:00	Dr Ammar Alsayegh			

**Week 8 (21/11/2024)**

<b><u>DBT Therapy 3</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<ul style="list-style-type: none"> <li>- <b><u>HIV and AIDS</u></b></li> <li>- <b><u>Neuropsychiatric Syndromes</u></b></li> <li>- <b><u>Rapidly Progressive Dementias</u></b></li> <li>- <b><u>Encephalitis</u></b></li> </ul>	10:00 - 12:00	<p>Dr Hussain AlSarraf</p> <p>Dr. Shereen Abo Alfotooh</p>	<p>Medical Expert 2.1.1.1.7.</p>	<p>- Kaplan and Sadocks synopsis Chapter 3.2, 3.3, 3.4</p>	

**Week 9 (28/11//2024)**

<b><u>DBT Therapy 4</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Case Challenge: The Charmer</u></b>	10:00 - 12:00	Dr Ammar Alsayegh			

Week 10 (5/12/2024)					
<b><u>DBT Therapy 5</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
- <b><u>Suicide Risk Assessment in the Medical Hospital</u></b>	10:00 - 12:00	Dr Waleed Wasfy	Medical Expert 1.3.8 4.4. 1.3.16	- Kaplan and Sadocks synopsis Chapter 28	
Week 11 (12/12/2024)					
<b><u>DBT Therapy 6</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Case Challenge: The Shriveling Patient</u></b>	10:00 - 12:00	Dr Ammar Alsayegh			
Week 12 (19/12/2024)					
<b><u>DBT Therapy 7</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
- <b><u>Perinatal sychiatry I (Overview and Depression)</u></b>	10:00 - 12:00 pm	Dr Aseel Al-Ibrahim	Medical Expert 2.1.1.7.	- Kaplan and Sadocks synopsis Chapter 25	
- <b><u>Perinatal Psychiatry II (Bipolar Disorder and Opiate Disorder)</u></b>					



**Week 13 (26/12/2024)**

<b><u>Feedback to residents and faculty</u></b>	9:00 -10:00 am	Faculty			
<b><u>Self-study: The Psychology Behind New Year's Resolutions That Work</u></b>	8-11am		Scholar 1,2,3,4	Psychology Today; December 30, 2022  <a href="https://shorturl.at/ehmtM">https://shorturl.at/ehmtM</a>	

**Week 14 (2/1/2025)**

<b><u>DBT Therapy 8</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Case Challenge: Calling the Exorcist (First Episode Psychosis case)</u></b>	10:00 - 12:00	Dr Noura AlNouri			

**Week 15 (9/01/2025)**

<b><u>DBT Therapy 9</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
-----------------------------	------------------	--------------------------------------	---------------------------	--	--



- <u>Psychiatric Care of the Renal Patient</u>	10:00 - 12:00	Dr Mohammed Mustafa	Medical Expert 2.1.1.7.	Kaplan and Sadocks synopsis Chapter 25	
- <u>Psychiatric Care in Liver Disease</u>					

**Week 16 (16/01/2025)**

<u>DBT Therapy 10</u>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<u>Case Challenge: The SuperNormal</u>	10:00 - 11:00	Dr Ammar Alsayegh			

**Week 17 (23/01/2025)**

<u>DBT Therapy 11</u>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
- <u>Cardiac Psychiatry</u>	10:00 - 12:00	Dr. Abdullah Alozairi	Medical Expert 2.1.1.7.	Kaplan and Sadocks synopsis Chapter 25	
- <u>Psychiatric Consultation for Diabetes</u>		Dr Hussain AlSarraf		UpToDate - Approach to managing increased risk for cardiovascular disease in patients with severe mental illness	
- <u>Psychiatric Care for Bariatrics and Obesity</u>					

**Week 18 (30/01/2025)**

<u>DBT Therapy 12</u>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<u>Psychopharmacology in the Medically Ill</u>	10:00 - 12:00	Dr Ali AlTajali	Medical Expert 2.1.1.7.	Kaplan and Sadocks synopsis Chapter 25	

			4.1.2., 4.1.7.		
<b>Week 19 (06/02/2025)</b>					
<b><u>DBT Therapy 13</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b><u>Transplant Psychiatry</u></b>	10:00 - 12:00	Dr. Abdullah Alozairi	Medical Expert 2.1.1.1.7.	Kaplan and Sadocks synopsis Chapter 25	
<b><u>Psycho- oncology</u></b>		Dr Hussain AlSarraf		UpToDate - Patients with cancer: Overview of the clinical features and diagnosis of psychiatric disorders	
<b>Week 20 (13/02/2025)</b>					
<b><u>DBT Therapy 14</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b>Assessment of addiction and concurrent disorders</b>	10:00 -12:00	Dr. Hussain Al- Shatti	Medical Expert 2.1.1.1.8 ,1.3.7.	UpToDate - substance use disorders: Clinical assessment	
<b>Week 21 (20/2/2025)</b>					
<b><u>DBT Therapy 15</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b>Pharmacological treatment of addiction</b>	10:00 - 12:00 am	Dr. Hussain Al- Shatti	Medical Expert 2.1.1.1.8.,1. 3.7.	UpToDate - Substance use disorders: Training, implementation, and efficacy of treatment with contingency management,  Opioid use disorder: Treatment overview	



<b>Week 22 (27/2/2025) – happy national day</b>					
<b>Week 23 (06/03/2025)</b>					
<b><u>DBT Therapy 14</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medica 1 Expert 4.1.5.2		
<b><u>Perinatal Psychiatry III (Premenstrual dysphoria and postmenopausal depression)</u></b>	10:00 - 12:00	Dr Aseel A- Ibrahim	Medical Expert 2.1.1.7.	Kaplan and Sadocks synopsis Chapter 25	
<b>Week 23 (13/03/2025)</b>					
<b><u>DBT Therapy 16</u></b>	8:00 - 9:00am	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2		
<b>Post stroke syndrome</b>	10 – 12 pm	Dr. Athari Salmeen	Medical Expert 1.3.14., 2.1.1.1.4 .,3.5.3.7. 3.,3.7.4	UpToDate - Complications of stroke: An overview	
<b>Week 24 (20/03/2025)</b>					
<b>ECT- 1</b>	8:00- 9:00am	ECT team	Medical Expert 5.2.2.	Observation	
<b>Behavioral changes with epilepsy</b>	10 – 12 pm	Dr. Mohammed Ashknani	Medical Expert 1.3.14., 2.1.1.1.4 .,3.5.3.7. 3.,3.7.4	UpToDate - Comorbidities and complications of epilepsy in adults	
<b>Week 25 (27/3/2024)</b>					
<b>ECT- 2</b>	8:00- 9:00am	ECT team	Medical Expert 5.2.2.	Resident 1	
<b>Behavioral/cognitive changes in Parkinson's</b>	10 – 12 pm	Dr. Meshal Abo-ElMelh		UpToDate -Cognitive impairment and dementia in Parkinson disease	

disease				- Clinical manifestations of Parkinson disease	
---------	--	--	--	------------------------------------------------	--

<b>Week 26 (3/04/2025)- Possible Eid holiday?</b>					
<b>Week 27 (10/04/2025)</b>					
ECT – 3	8:00-9:00am	ECT team	Medical Expert 5.2.2.	Resident 2	
<u>Somatoform Disorders, Body Dysmorphic Disorder, Factitious Disorder, and Malingering</u> <u>PNES and how to manage them</u>	10:00 - 12:00	Dr Najah AlEnezi	Medical Expert 2.1.2.1.11 2.1.1.7.	- Kaplan and Sadocks synopsis Chapter 25	
<b>Week 28 (17/04/2025)</b>					
ECT – 4	8:00-9:00am	ECT team	Medical Expert 5.2.2.	Resident 3	
<u>Neuropsychiatry of TBI</u>	10:00 - 12:00	Dr Al-Bahrani	Medical Expert 1.3.14.	- Kaplan and Sadocks synopsis Chapter 25	
<b>Week 29 (01/05/2025)</b>					
ECT – 5	8:00-9:00am	ECT team	Medical Expert 5.2.2.	Resident 1	
<u>Perinatal Psychiatry IV (Domestic violence/violence against women)</u>	10:00 - 12:00	Dr Aseel A-Ibrahim	Medical Expert 1.3.19., Communicator 1.1.1. and Health advocate 1.2	UpToDate – Intimate partner violence	

<b>Week 30 (08/05/2025)</b>					
<b><u>Feedback to residents and faculty</u></b>	9-11 am	Faculty	Scholar 3.6. Collaborator 1.6. Leader 4.1.		
<b>Week 30 (15/05/2025)</b>					
ECT – 6	8:00- 9:00am	ECT team	Medical Expert 5.2.2.	Resident 2	
Serotonin syndrome and Neuroleptic malignant syndrome	10 – 12 pm	Dr. Hussain Al-Sarraf	Medical Expert 4.1.7.	UpToDate – Serotonin Syndrome, Neuroleptic Malignant Syndrome	
<b>Week 31 (22/05/2025)</b>					
ECT- 7	8:00- 9:00 am	ECT team	Medical Expert 5.2.2.	Resident 3	
Sleep medicine	10- 12 pm	Dr. Suilman Khadada	Medical Expert 2.1.2.1.10.	UpToDate - Approach to abnormal movements and behaviors during sleep, Overview of circadian rhythm sleep-wake disorders	
<b>Week 32 (29/05/2025)</b>					
ECT- 8	8:00- 9:00 am	ECT team	Medical Expert 5.2.2.	Resident 1	
Grief and Bereavement	10-12 pm	Dr. Noura Al-Nouri Dr. Aseel Al-Ibrahim		UpToDate – Bereavement and Grief in adults	
<b>Week 33 (05/06/2025)</b>					
ECT- 9	8:00- 9:00	ECT team	Medical Expert	Resident 2	



	am		5.2.2.		
Forensic psychiatry in special population (Child, Geriatric, ID)	10- 12 pm	Dr. Abdalmohsen Al-Humood	Medical Expert 1.3.12, 2.1.2.2. Collaborator 1.4.2		

<b>Week 34 (12/06/2025)</b>					
ECT- 10	8:00- 9:00 am	ECT team	Medical Expert 5.2.2.	Resident 3	
Attend day care program			Health Advocate 4.5. Collaborator 1.5.		
<b>Week 35 (19/06/2025)</b>					
ECT- 11	8:00- 9:00 am	ECT team	Medical Expert 5.2.2.	Resident 1	
Attend day care program			Health Advocate 4.5. Collaborator 1.5.		
<b>Week 36 (26/06/2025)</b>					
ECT- 12	8:00- 9:00 am	ECT team	Medical Expert 5.2.2.	Resident 2	
Attend day care program			Health Advocate 4.5. Collaborator 1.5.		
<b>Week 37 (03/07/2025)</b>					
ECT- 13	8:00- 9:00 am	ECT team	Medical Expert 5.2.2.	Resident 3	
Attend day care program			Health Advocate 4.5. Collaborator 1.5.		
<b>Week 38 (10/07/2025)</b>					
<b>Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 1 for candidate</b>					
<b>Week 39 (17/07/2025)</b>					
<b>Already have a clinical interview in interview seminars – check schedule</b>					

<b>Week 40 (24/07/2025)</b>		
<b>Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 2 for candidate</b>		
<b>Week 41 (31/07/2025)</b>		
<b>Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 3 for candidate</b>		
<b>Week 42 (07/08/2025)</b>		
<b>Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 4 for candidate</b>		
<b>Week 43 (14/08/2025)</b>		
<b>Already have a clinical interview in interview seminars – check schedule</b>		
<b>Week 44 (21/08/2025)</b>		
<b>Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 5 for candidate</b>		
<b>Week 45 (28/08/2025)</b>		
<b>Time to Self-train/practice - Clinical interview by residents PGY - Contact Unit 6 for candidate</b>		
<b>Week 46 (04/09/2025)</b>		
<b>Week 47 (11/09/2025)</b>		
<b>Week 48 (18/09/2025)</b>		
<b>Week 49 (25/09/2025)</b>		
MCQ	8-12 pm	To be confirmed with Dr. Ammar