



PGY1 Schedule – Core Curriculum

1. Academic days will take place **every Thursday** starting at 8 am in the resident's room (times may be adjusted with the tutor for better convenience).
2. During the first stage **Transition to Discipline (TTD)**, residents will have **additional lectures on Sundays for the first 8 weeks only**.
3. **Clinical Interview Skills for PGY1** will take place with their supervisors on the inpatient unit the first month as part of TTD. Then will be scheduled with PGY2 as per the usual schedule.
4. Resident **attendance must be marked for each lecture through Elentra**. Attendance rates below 70% may result in an “unsatisfactory” rating and will become part of your academic file and will be reviewed by the program director.
5. Lectures that are marked as resident-led will be presented by the resident with tutor guidance, otherwise tutors will be presenting all didactics. Residents are expected to divide the presentations equally amongst themselves.
6. Tutors can provide additional slides or summaries when appropriate when it serves the academic subject.
7. All residents attending the core curriculum lectures will be expected to have read the appropriate chapters written in the references. Chapters may overlap and get repeated due to the importance of subject. Electronic access will be provided to residents via the board website. The main reference is Kaplan and Sadock's synopsis, latest edition. Articles and other references will be provided in PDF documents.
8. On the day of lectures, you will be expected to complete a Tutor's Evaluation Form for each lecture.
9. If a resident is unable to present on their assigned day they must arrange a substitute with their colleague or discuss with their tutor to present on a different date. This must be flagged to the program director.
10. If a tutor is unable to present on their assigned day they must arrange a substitute with their colleagues or discuss with their residents to present on a different date. This must be flagged to the program director.
11. In case of academic day schedule change, it is expected that the residents will resume their work duty on that day.
12. Residents are asked to arrange their on-call schedules and duties. Avoid (if possible) night duty on Wednesdays for better preparation for academic day.
13. Residents are asked to arrange their on-call schedules and duties. Avoid (if possible) night duty on Wednesdays for better preparation for academic day.
14. **Clinical Skills Seminar:** see separate schedule for clinical skills seminar here.
15. **PGY1 Lectures will be held in Room 5 (the residents room).**



Core Curriculum PGY1 lectures

Topic	Time	Presenters	Training Requirement	References
Week 1 (01/10/2026) Orientation Day				
<u>KIMS R1 orientation Day</u>	8:00 - 1:30pm	KIMS	Collaborator 1, 2 Leader 1	
Week 2 (04/10/2026) - Sunday				
<u>Orientation to program, CANMEDs, policies, resources</u>	8-10 am	Program Director and Faculty	Collaborator 1, 2 Leader 1	Resident and Tutor Manual 2019
<u>Orientation to CBME</u>	10-11am		TTD: 2.2, 2.3, 2.4	
Week 2 (08/10/2026) - Thursday				
<u>The Philosophical Influences on Psychology Part I</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Who are we - The mechanism of Spirit - Do we have free will	A History of Modern Psychology, 10th Edition, Schulz and Schultz Wadsworth 2011
<u>Fundamentals of Psychiatric Interview and Mental State Examination</u>	9-10.30a m	Dr Ammar Alsayegh	Medical Expert 5 Communicator 1 TTD 2.5 (2.5.1, 2.5.1.1)	- Kaplan and Sadocks synopsis (Chapter 5)
Week 3 (11/10/2026) - Sunday				
<u>Communication Strategies:</u> <u>Rapport, Collateral, taking a trauma-informed history</u>	9:00 - 9:45 AM	Dr Noura AlNouri	Medical Expert 1.3.1.1, 1.3.8 Communicator 1.1.1, 1.1.2, 1.1.3, 2.2.1, 2.2.2, 2.2.3 Scholar 4.4.2 F 2.1.16, 2.1.16.1.	- Kaplan and Sadocks Comprehensive (Chapter 7.3) - Clark, Classen, Fourt & Shetty (2015). - Treating the trauma survivor: An essential guide to trauma-informed care. Routledge.



<u>Introduction to Clinical Interview</u>	10-11am	Dr. Noura AlNouri	Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
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Week 3 (15/10/2026) - Thursday

<u>The Philosophical Influences on Psychology Part 2</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Who are we - The mechanism of Spirit - Do we have free will	A History of Modern Psychology, 10th Edition, Schulz and Schultz Wadsworth 2011
<u>Clinical Documentation, medicolegal requirement</u> <u>Commonly Used Rating Scales</u>	10-11 11-11.30	Dr Sara AlShamali	Professional 1.5, 1.6, 5.5.1, 5.5.2, 5.5.3 Collaborator 1.1.8, 1.1.9 TTD 2.5.2, 2.5.5, 2.5.13	- Kaplan and Sadocks synopsis (Chapter 7) - CPA Position Paper on Fiduciary Duty of Psychiatrists 2006 - Overview of psychiatric ethics I: professional ethics and psychiatry Michael Robertson and Garry Walter (2007)

Week 4 (18/10/2026) - Sunday

<u>Local HealthCare System + Safe Patient Handover</u>	8-9am	PGY5 to present + Dr. Ammar AlSayegh	Professional 1.5, 1.6, 5.5.1, 5.5.2, 5.5.3 Collaborator 1.1.8, 1.1.9 TTD 2.5.10. 2.5.11,	
<u>Inpatient Clinical Interview Practice</u>	11:30am -1:30 pm	Resident 1 + Dr. Aseel	Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

**Week 4 (22/10/2026) - Thursday**

<u>The Philosophical Influences on Psychology Part 2</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Who are we - The mechanism of Spirit - Do we have free will	A History of Modern Psychology, 10th Edition, Schulz and Schultz Wadsworth 2011
<u>Professional Values: Consent, Capacity and Privacy, Medical Professions Law, boundaries</u>	10-11 am	- Dr Talal ElSayed	Medical expert 1.3.5, 1.3.6 and 1.3.8 Professional 2.1. TTD 2.5.5, 2.5.6, 2.5.13	- Kaplan and Sadocks synopsis (Chapter 36.1)

Week 5 (25/10/2026) - Sunday

<u>Mental Health Law, Review Boards, Forms</u>	10-11 am	- Dr. Abdolmohsen Alhumoud/ Dr Sameh Yosri	Medical expert 1.3.5, 1.3.6 and 1.3.8 Professional 2.1. TTD 2.5.5, 2.5.6, 2.5.13	- Kaplan and Sadocks synopsis (Chapter 36.1)
<u>Inpatient Clinical Interview Practice</u>	11:30am -1:30 pm	Resident 2 + Dr. Sara AlShamali	Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 5 (29/10/2026) - Thursday

<u>The Philosophical Influences on Psychology Part 3</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Importance of Human Observer - Developments in early Physiology	A History of Modern Psychology, 10th Edition, Schulz and Schultz Wadsworth 2011
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<u>Emergency Psychiatry:</u> <u>De-escalation and non-violent Crisis Intervention</u> <u>Violence Risk Assessment and agitation management</u>	9:00 – 11:00 am	Resident 1 (presenter) Dr Abdullah AlHashemi	Medical Expert 1.3.16., 1.1 and 1.3.16.2 Communicator 5 TTD 2.5.3, 2.5.4	- Kaplan and Sadocks synopsis (Chapter 23.1 and 23.2) -Extra: Clinical Psychiatry skills by David Goldbloom, chapter 14
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Week 6 (01/11/2026) - Sunday

<u>Emergency Psychiatry:</u> <u>Suicide: Safety Assessment and Management</u>	9:00 -10:00 am	Resident 2 (presenter) Dr. Fajer AlHashemi	Medical Expert 1.3.16., 1.1 and 1.3.16.2 Communicator 5 TTD 2.5.3	- Kaplan and Sadocks synopsis (Chapter 23.1 and 23.2) - -Extra: Clinical Psychiatry skills by David Goldbloom, chapter 14
<u>Inpatient Clinical Interview Practice</u>	11:30am -1:30 pm	Resident 3 + Dr. Abdullah AlHashemi	Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 6 (05/11/2026) - Thursday

<u>CPI Training</u>	9:00 - 1:00 pm	PGY1 + 5 CPI Team -		
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Week 7 (8/11/2026) - Sunday

<u>Emergency Psychiatry:</u> <u>Risk Formualtion</u>	9:00 -10:00 am	PGY5 to present Dr. Noura AlNouri	Medical Expert 1.3.16., 1.1 and 1.3.16.2 Communicator 5 TTD 2.5.3	- Kaplan and Sadocks synopsis (Chapter 23.1 and 23.2) - -Extra: Clinical Psychiatry skills by David Goldbloom, chapter 14
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<u>Inpatient Clinical Interview Practice</u>	11:30am -1:30 pm	Resident 4 + Dr. Sara AlShalabi	Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
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Week 7 (12/11/2026) - Thursday

<u>The New Psychology Part 1</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Study of conscious experience	
<u>Basic Descriptive Psychopathology</u> <u>Classification of Psychiatric disorders</u> <u>Differentiating Normal vs. Disease States</u>	9:00 - 10:00 am	Dr Shereen AboAlfotoh	Medical Expert 2.1.1.6. TTD 2.5.7, 2.5.8	- Kaplan and Sadocks synopsis (Chapter 6) - Fish's Clinical Psychopathology - DSM -5
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 8 (15/11/2026) - Sunday

<u>Introduction to advocacy; stigma, marginalization</u> <u>Social and mental determinants of health</u>	9:00 - 10:00 am	Dr. Fajer Bukubar	Medical Expert 1.3.9., 1.3.13. TTD 2.5.9	- Kaplan and Sadocks synopsis (Chapter 2.1 and 2.2)
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Week 8 (19/11/2026) - Thursday



<u>The New Psychology</u> <u>Part 2</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Study of conscious experience	
<u>Physician Wellbeing</u>	9-10.30a m	PGY1s and PGY5s Dr. Ibrahim AlObaid	Scholar 1.1.3, 1.1.2, 1.1.4, 1.1.5, 1.1.6, 1.1.7, 1.1.8, 1.1.9 TTD 2.5.12.	- WHO Arts and Wellness
<u>Clinical interview</u>	11:30 am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Week 9 (26/11/2026)				
<u>Theory of Evolution and Psychology</u> <u>Part 1</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Evolution Revolution	
<u>Bio-Psycho-social Formulation and patient-centered care</u>	9:00 - 10:00 am	Dr Ammar Alsayegh	Medical Expert 2.1.1.6.	- Kaplan and Sadocks synopsis (Chapter 6) - Fish's Clinical Psychopathology - DSM -5
Week 10 (03/12/2026)				
<u>Theory of Evolution and Psychology</u> <u>Part 2</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Evolution Revolution	

<u>History of Psychiatry</u>	9:00 -10:00 am	Resident 2 (presenter) Dr. Hamad AlSafy	Medical Expert 1.3.16., 1.1 and 1.3.16.2 Communicator 5 TTD 2.5.3	- Kaplan and Sadocks synopsis (Chapter 23.1 and 23.2) - -Extra: Clinical Psychiatry skills by David Goldbloom, chapter 14
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 11 (10/12/2026)

<u>The Principles of Psychology Part 1</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- A new look at consciousness - The methods of psychology - Pragmatism	
<u>Genetics</u>	9-10.30a m	Dr. Fatima AlAli (Genetics)	Medical Expert 1.3.4.	
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 12 (17/12/2026)

<u>The Principles of Psychology Part 2</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- A new look at consciousness - The methods of psychology - Pragmatism	
<u>Part 1: Neuroanatomy/ Neurophysiology for Psychiatrists</u>	9:00 - 11:00 am	Neuro	Medical Expert 1.3.5.	



<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
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Week 13 (24/12/2026)

<u>Part 2:</u> <u>Neuroanatomy/</u> <u>Neurophysiology</u> <u>for Psychiatrists</u>	9:00 - 11:00 am	Neuro	Medical Expert 1.3.5.	
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 14 (31/12/2026) *May be affected by NY Holiday

<u>Applied</u> <u>Psychology</u> <u>Part 1</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Toward a Practical Psychology - The growth of American psychology	
<u>Part 3:</u> <u>Neuroanatomy/</u> <u>Neurophysiology</u> <u>for Psychiatrists</u>	9:00 - 11:00 am	TBD	Medical Expert 1.3.5.	

Week 15 (07/1/2027) *May be affected by Isra Wa Miraj Holiday

<u>Feedback to</u> <u>residents and</u> <u>faculty</u>	8:00 -10:00 am	Faculty		

Week 16 (14/01/2027)



<u>Applied Psychology</u> <u>Part 1</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Toward a Practical Psychology - The growth of American psychology	
<u>Introduction to Psychopharmacology</u>	9:00 - 10:00 am	PGY5s to present - Dr Mohammad Zain	Medical Expert 1.3.7. Scholar 2	- Stahl Essential Psycho-pharmacology Chapter 1, 2 and 3
<u>Clinical interview</u>	11:30am - 1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Week 17 (21/01/2027)				
<u>Applied Psychology</u> <u>Part 2</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Toward a Practical Psychology - The growth of American psychology	
<u>Professional Values: Boundaries, medical errors, conflict management.</u>	10-11 am	Dr. Sara AlShalabi	Medical expert 1.3.5, 1.3.6 and 1.3.8 Professional 2.1. TTD 2.5.5, 2.5.6, 2.5.13	- Kaplan and Sadocks synopsis (Chapter 36.1)
<u>Clinical interview</u>	11:30am - 1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Scholarly Inquiry Block Schedule (Jan 24-Feb 20)

Week 18 (28/01/2027)

<u>Feedback to Faculty + RESIDENT WELLNESS DAY</u>	9-10am			All Day
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Week 19 (04/02/2027)

<u>The Origin of Behaviorism and the theory of learning</u> <u>Part 2</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The philosophy of connectionism - The influence of Animal Psychology and behaviorism	
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Week 20 (11/02/2027) *Ramadan timing

<u>The Origin of Behaviorism and the theory of learning</u> <u>Part 3</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The philosophy of connectionism - The influence of Animal Psychology and behaviorism	
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Week 21 (18/02/2027)

<u>Behaviorism as the science of Psychology</u> <u>Part 1</u>	9:00-9:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- John Watson and the development of Behaviorism	
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Week 22 (25/02/2027) National and Liberation Day

Week 23 (04/3/2027)

<u>Behaviorism as the science of Psychology</u> <u>Part 2</u>	9:00-9:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- John Watson and the development of Behaviorism	
<u>Pshenomenolgy in Psychiatry</u>		Resident + Dr. Sara AlShalabi	ME 1.3.8.	

Week 24 (11/03/2027) Eid AlFitr Holiday

Week 25 (18/03/2027)

<u>Behaviorism as the science of Psychology</u> <u>Part 4</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- John Watson and the development of Behaviorism	
<u>Delirium</u>	10-11 am	Resident 3 (Presenter) Dr. Mahmoud Bekhiet	Medical Expert 1.3.14 2.1.2.1.11 2.1.2.7	Kaplan and Sadocks synopsis (Chapter 3.1, 21, 25.1)
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 26 (25/3/2027)

<u>Behaviorism as the science of Psychology</u> <u>Part 4</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- John Watson and the development of Behaviorism	
<u>Schizophrenia spectrum and other psychotic disorders : History, diagnosis, etiology, epidemiology</u>	9:00 - 10:00 am	Resident 3 (presenter) -Dr Majed BahyeAlden	Medical Expert 2.1.1.1.7.	Kaplan and Sadocks synopsis (Chapter 7)

Week 27 (1/4/2027)

<u>Modern Behaviorism and Socio-Behaviorism</u> <u>Part 1</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Applied Behaviorism and ABA	
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<u>Neurobiology of Schizophrenia</u>	8:00 - 8:45 am	Dr Noura AlNouri	Medical Expert 2.1.1.1.7., 2.1.1.7., 4.1.2.	- Kaplan and Sadocks synopsis (Chapter 7) -Stahl psychopharmacology (Chapter 4)
<u>Clinical interview</u>	11:30am - 1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 28 (8/04/2027)

<u>Modern Behaviorism and Socio-Behaviorism</u> <u>Part 2</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Applied Behaviorism and ABA	
<u>Psychotic Disorders: Management; antipsychotics, psychosocial interventions</u>	9:00 - 10:00 am	Resident 3 (presenter) -Dr. Najah AlEnezi	Medical Expert 2.1.1.1.7.	Kaplan and Sadocks synopsis (Chapter 7) APA Schizophrenia Guidelines 2021

Week 29 (15/04/2027)

<u>Modern Behaviorism and Socio-Behaviorism</u> <u>Part 3</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Applied Behaviorism and ABA	
<u>Antipsychotics: adverse events, metabolic monitoring</u>	9:00 - 10:00 am	Resident 3 (presenter) -Dr. Ibrahim AlObaid	Medical Expert 2.1.1.1.7.	Kaplan and Sadocks synopsis (Chapter 7)



<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
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Week 30 (22/04/2027)

<u>Gestalt and Field Theory</u> <u>Part 1</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Nature of the Gestalt Revolt.	
<u>CATIE Study</u> <u>The American Psychiatric Association Practice Guideline for the Treatment of Patients With Schizophrenia</u>	9:00 -10:00 am	Resident 4 (presenter) Dr Mohammed Bin Ali + PGY5	Scholar 1,2,3,4	The CATIE Schizophrenia Trial: Results, Impact, Controversy The American Psychiatric Association Practice Guideline for the Treatment of Patients With Schizophrenia

Week 31 (29/04/2027)

<u>Gestalt and Field Theory</u> <u>Part 2</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Nature of the Gestalt Revolt.	
<u>Mood Disorders</u> <u>Depressive Disorders</u>	8-11 am	Resident 1 (Presenter) - Dr Ibrahim AlMazeedi	Medical Expert 2.1.1.1.2	- DSM 5 - Kaplan and Sadocks synopsis (Chapter 8.1 and 8.2)



<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
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Week 32 (06/05/2027)

<u>Gestalt and Field Theory</u> <u>Part 2</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Nature of the Gestalt Revolt.	
<u>Depression Psychopharmacology seminar: antidepressants (1)</u> <u>SSRI, SNRI, Novel agents</u>	8:00- 8:45am	Dr. Tarek Shokri	Medical Expert 2.1.1.1.3., 2.1.1.7., 4.1.7., 4.1.2.	Stahl psychopharmacolog y (Chapter 7, p285- 309) -Kaplan and Sadocks synopsis (Chapter 29.27 and 29.28)

Week 33 (13/05/2027)

<u>Psychoanalysis and Freud</u> <u>Part 1</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	The Development of Psychoanalysis	
<u>Depression Psychopharmacology seminar: antidepressants (2)</u> <u>TCA, MAOI</u>	8:00- 8:45am	Dr Mohammad Zain	Medical Expert 2.1.1.1.3., 2.1.1.7., 4.1.7., 4.1.2.	Stahl psychopharmacolog y (Chapter 7, p285- 309) -Kaplan and Sadocks synopsis (Chapter 29.27 and 29.28)



<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
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Week 34 (20/05/2027) *May be affected by Eid AlAdha

<u>Psychoanalysis and Freud</u> <u>Part 2</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	The Development of Psychoanalysis	

Week 35 (27/05/2027)

<u>Psychoanalysis and Freud</u> <u>Part 2</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	The Development of Psychoanalysis	
<u>STAR-D</u> <u>CANMAT 2023</u> <u>Depression</u> <u>guidelines</u>	10:00 -11:00 am	Resident 4 (presenter) - Dr. Fajer AlHashemi/ Dr. Fajer Bukubar +PGY5	Scholar 1,2,3,4	The Sequenced Treatment Alternatives to Relieve Depression (STAR*D) Trial: A Review
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 36 (03/06/2027)

<u>The Neo-Freudians and Psychodynamics</u> <u>Part 1</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Neo-Freudian and Ego Psychology	
<u>Feedback to residents and faculty</u>	9-10 am	Faculty		
Week 37 (10/06/2027)				
<u>The Neo-Freudians and Psychodynamics</u> <u>Part 2</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Neo-Freudian and Ego Psychology	
<u>Mood Disorders</u> <u>Bipolar Disorders</u>	8-11 am	Resident 2 (Presenter) - Dr. Mohammad AbuZaid	Medical Expert 2.1.1.1.2	- DSM 5 - Kaplan and Sadocks synopsis (Chapter 8.1 and 8.2)
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Week 38 (17/06/2027)				
<u>Humanistic Psychology and the Fourth Movement</u> <u>Part 1</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Evolution of Personality Theory	

<u>Mood Disorders</u> <u>Bipolar Disorders: management</u>	8-11 am	Resident 2 (Presenter) - Dr. Mohammad AbuZaid	Medical Expert 2.1.1.1.2	- DSM 5 - Kaplan and Sadocks synopsis (Chapter 8.1 and 8.2)

Week 39 (24/6/2027)

<u>Humanistic Psychology and the Fourth Movement</u> <u>Part 1</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Evolution of Personality Theory	
<u>CANMAT 2023 Bipolar guidelines</u>	10:00 -11:00 am	Resident 3 (Presenter) Dr Sara AlShamali	Scholar 1,2,3,4	-Canadian Network for Mood and Anxiety Treatments (CANMAT) and International Society for Bipolar Disorders (ISBD) 2023
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 40 (01/7/2027)

<u>Humanistic Psychology and the Fourth Movement</u> <u>Part 2</u>	8:00- 8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- The Evolution of Personality Theory	
<u>Somatic Symptom Disorder, Health Anxiety, FND</u>	9:00 - 11:00 am	Resident 1 (presenter) - Dr Najah AlEnezi	Medical expert 2.1.2.1.11	- Kaplan and Sadocks synopsis (Chapter 13)



Week 41 (08/07/2027)				
<u>Contemporary Development in Psychology</u> <u>Part 1</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Social Psychology - Milgram and Psychology of Obedience	
<u>Anxiety Disorders</u>	10:00 -11:00 am	Resident 1 (presenter) - Dr. Ashraf AlShazly	Medical Expert 2.1.1.1.3.	- Kaplan and Sadocks synopsis (Chapter 9)
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Week 42 (15/07/2027)				
<u>Contemporary Development in Psychology</u> <u>Part 2</u>	8:00-8:45 am	Dr Fadhel AlKhashawi/ Dr Talal AlAli	- Social Psychology - Milgram and Psychology of Obedience	
<u>Anxiety disorders: Management; antidepressants, anxiolytics psychosocial interventions</u>	8:00 - 9:30am	Dr. Ibrahim AlObaid	Medical expert 2.1.1.1.1.	- Kaplan and Sadocks synopsis (Chapter 9-10) -Stahl psychopharmacology (Chapter 9, p414-418) Latest CANMAT



<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
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Week 43 (22/07/2027)

<u>Self-Study:</u> Psychotherapy reading	8:00-11: 00 am		Communicator 1 Collaborator 1.1 Medical expert 4.1.4.1.	Mind Over mood, Chapters 1,2 and 3
<u>OCD and Similar:</u> <u>diagnosis, etiology,</u> <u>epidemiology</u>	10:00 -11:00 am	Resident (1) Dr Ashraf AlShathli	Medical Expert 2.1.1.1.2	- DSM 5 - Kaplan and Sadocks synopsis
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 44 (29/07/2027)

<u>Self-Study:</u> <u>Psychotherapy</u> <u>reading</u>	8:00- 11:00 am		Communicator 1 Collaborator 1.1 Medical expert 4.1.4.1.	Mind over mood, Chapters 4, 5 and 6
<u>OCD:</u> <u>Management -</u> <u>medications and</u> <u>psychosocial</u>	10:00 -11:00 am	Resident (2) Dr Ashraf AlShathli	Medical Expert 2.1.1.1.3.	- Kaplan and Sadocks synopsis (Chapter 9) - Latest CANMAT
<u>Clinical interview</u>	11:30am -1:30 pm		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

Week 45 (05/08/2027)



<u>Self-Study:</u> <u>Psychotherapy</u> <u>reading</u>	8:00- 11:00 am		Communicator 1 Collaborator 1.1 Medical expert 4.1.4.1.	Mind over mood, Chapters 4, 5 and 6
<u>Trauma and</u> <u>Stressor Related</u> <u>Disorders</u>	9:00 -10:00 am	Resident 3 (presenter) -Dr Talal Ahmed	Medical expert 2.1.1.1.6.	- Kaplan and Sadocks synopsis (Chapter 22) -DSM 5
Week 46 (12/08/2027)				
<u>Self-Study:</u> <u>Psychotherapy</u> <u>reading</u>	8-11 am		Communicator 1 Collaborator 1.1 Medical expert 4.1.4.1.	Mind over mood, Chapters 7, 8 and 9
<u>Substance-Related</u> <u>Disorders I:</u> <u>Alcohol Use,</u> <u>Intoxication &</u> <u>Withdrawal</u>	9:00 -11:00 am	Resident 3 (presenter) Dr. Fajer AlHashemi	Medical expert 2.1.1.1.8.	- Kaplan and Sadocks synopsis (Chapter 20) - DSM 5 - APA Alcohol Guidelines
Week 47 (19/08/2027)				
<u>Self-Study:</u> <u>Psychotherapy</u> <u>reading</u>	8- 11 am		Communicator 1 Collaborator 1.1	Mind over mood, Chapters: 16 (13,14,15 are optional)
<u>Substance-Related</u> <u>Disorders II:</u> <u>Opioids, Sedatives</u> <u>& Harm Reduction</u>	9:00 -11:00 am	Resident 3 (presenter) Dr Khalid AlShafaie	Medical expert 2.1.1.1.8.	- Kaplan and Sadocks synopsis (Chapter 20) - DSM 5
Week 48 (26/08/2027)				
<u>Substance-Related</u> <u>Disorders III:</u> <u>Cannabis,</u> <u>Stimulants &</u> <u>Behavioral</u> <u>Addictions</u>	9:00 -11:00 am	Resident 3 (presenter) Dr Khalid AlShafaie	Medical expert 2.1.1.1.8.	- Kaplan and Sadocks synopsis (Chapter 20) - DSM 5

**Week 49 (2/09/2027)****Feedback to
residents and
faculty**

9-10 am

Faculty

Week 50 (9/09/2027)**Week 51 (16/09/2027)****Week 52 (23/09/2027)****Week 53 (30/09/2027)****Resident Retreat +
Faculty
Appreciation Day**Organized by KBP
Resident Club**Extra Lecture**