



PGY3 Schedule – Core Curriculum

1. Academic days will take place **every Thursday** starting at 8 am in the resident's room (times may be adjusted with the tutor for better convenience).
2. Resident **attendance must be marked for each lecture through Elentra**. Attendance rates below 70% may result in an “unsatisfactory” rating and will become part of your academic file and will be reviewed by the program director.
3. Lectures that are marked as resident-led will be presented by the resident with tutor guidance, otherwise tutors will be presenting all didactics. Residents are expected to divide the presentations equally amongst themselves.
4. Tutors can provide additional slides or summaries when appropriate when it serves the academic subject.
5. All residents attending the core curriculum lectures will be expected to have read the appropriate chapters written in the references. Chapters may overlap and get repeated due to the importance of subject. Electronic access will be provided to residents via the board website. The main reference is Kaplan and Sadock's synopsis, latest edition. Articles and other references will be provided in PDF documents.
6. On the day of lectures, you will be expected to complete a Tutor's Evaluation Form for each lecture.
7. If a resident is unable to present on their assigned day they must arrange a substitute with their colleague or discuss with their tutor to present on a different date. This must be flagged to the program director.
8. If a tutor is unable to present on their assigned day they must arrange a substitute with their colleagues or discuss with their residents to present on a different date. This must be flagged to the program director.
9. In case of academic day schedule change, it is expected that the residents will resume their work duty on that day.
10. Residents are asked to arrange their on-call schedules and duties. Avoid (if possible) night duty on Wednesdays for better preparation for academic day.
11. **Formulation Seminar (PGY2+3):** Residents will work in small groups on formulating a case presented by the supervisor.
12. **PGY3 Lectures will be held in Room 20 (next to the green room/ library).**

Important Dates:

1. Quality Improvement Longitudinal Rotation:

PGY3 and PGY4 residents will join the KBIM (Kuwait Board of Internal Medicine) on the following days or the QI workshop. The workshop will be held in the Jaber Hospital Auditorium on the following **Mondays**.

Safety Tools	September 21, 2026
Introduction to QI - Part 1	October 19, 2026
Introduction to QI - Part 2	October 26, 2026
Project Review	TBD - January 2027
Project Presentation	TBD - June 2027

QI Rotation Supervisor - Dr. Mohammad Behbehani

Contact: mohbehbehani@moh.gov.kw

2. Clinical Crossroads:

An interdisciplinary collaboration between psychiatry and other programs with the aim of sharing knowledge and perspectives on topics commonly crossing both disciplines. Residents from each program will prepare a 20 min presentation on the topic (total 40 mins from both) and present to each other on zoom. A supervisor will be present from each discipline to facilitate a 20 mins discussion at the end. PGY3 residents are expected to work collaboratively on the presentation; colleagues will support the presenting resident with literature review on latest evidence.

The seminar will be held on the **last Thursday of every month**.

3. Psychotherapy Rotation; DBT Schedule:

PGY3 + PGY4 residents will be split into 4 groups. The first 2 groups will run from October, 2026 to February 2027. The second 2 groups will run from April to July 2027. Residents not doing DBT groups at the allotted time are expected to organize clinical interview practice with their supervisors or work on their QI project during this time.

Group A: Dr. Saad AlShanfari, Dr. Bodour AlBader, Dr. Fawzeih AlRashidi

Group B: Dr. Bodour Malik, Dr. Fatima AlKandiri, Dr. Elham AlDuaib

Group C: Dr. Mohammad AlJuwaiser, Dr. Fajer AlSumait, Dr. Noura Abdulsalam

Group D: Dr. Saba AlTamimi, Dr. Bandar AlMutairi, Dr. Noura AlModahka

Core Curriculum PGY3 lectures

Topic	Time	Presenters	CaNMEDS objectives:	References
Week 1 (01/10/2026)				
<u>Orientation Day</u>	8-10.30 am	Program Director and Faculty	Collaborator 1, 2 Leader 1	Resident and Tutor Manual 2019
<u>Orientation to CBME</u>	10.30-11.30			
<u>Feedback to Program Director</u>	12-1pm			
<u>Resident to Resident Feedback</u>	1-2pm			
Week 2 (09/10/2026)				
Introduction to pediatric psychiatry and approach to child assessment	8-9 am	Dr. Bibi Al-Amiri	ME 1.1, ME 2.2.1	Kaplan and Sadock Chapter 31.1 and 31.2
Normal child development, abnormal development, effects of developmental trauma	9-10am	Resident 1 + Dr. Eman AlBoloushi	ME 1.3.1, ME 1.3.1.1	Kaplan and Sadock Chapter 2, 10 and 31
<u>Introduction to DBT 1 (Groups A+B)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	

**Week 3 (15/10/2026)**

Introduction to geriatric psychiatry and approach to geriatric assessment	8-9	Dr. Mamdouh AlJamal	ME 1.3.2,	Kaplan and Sadock Chapter 1.A and 31
Normal Aging	9-10	Resident 2 + Dr. Mamdouh AlJamal	ME 1.3.2,	Kaplan and Sadock Chapter 1.A and 31
<u>Introduction to DBT 2 (Groups A+B)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	

Week 4 (22/10/2026)

Child Protection and Children's Aid Reporting	8-9am	Dr. Wael Abo Al-Aez	Expert 2.1.1.2, 1.3.16.1, 2.1.1.1.9 Collaborator 1.4	Kaplan and Sadock Chapter 31.19c
SCAN Team	9-10am	Dr. Hind AlMazeedi	Expert 2.1.1.2, 1.3.16.1, 2.1.1.1.9 Collaborator 1.4	
<u>Introduction to DBT 3 (Groups A+B)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	

Week 5 (29/10/2026)



Child developmental theories	8-9am	Dr. Kostas	Expert 2.1.1.3, 2.1.1.5	Kaplan and Sadock Chapter 2
The Adolescent Interview	9-10	TBD	Expert 2.1.1.3, 2.1.1.5	Kaplan and Sadock Chapter 2
<u>Introduction to DBT 4(Groups A+B)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Toxicology: Psychiatric Overdoses and Toxicity Profiles</u>	1-2pm	Resident 3 + Dr. Abdullah AlHashemi Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar

Week 6 (05/11/2026)

Introduction to Geriatric psychopharmacology	9:00 - 9:45	Dr. Mamdouh AlJamal	Expert 2.1.1.7, 4.1.2, 4.1.7, 2.1.1.4. 2.1.2.7	Kapland and Sadock Chatper 33 Introduction, Biology of Aging, Psychopharmacological treatment of Geriatric Disorders
Management Principles; fragility, mobility, pain, comorbiities	9-10	Resident 4 + Dr. Mamdouh AlJamal	ME 1.3.2,	Kaplan and Sadock Chapter 1.A and 31
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	

Week 7 (12/11/2026)



Psychopharmacological considerations in children and youth	8-9am	Dr. Kostas	Expert 4.1.2, 2.1.1.7, 4.1.7	Kaplan and Sadock Chapter 31.18d and 31.18e
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 8 (19/11/2026)				
Major Neurocognitive Disorders (Dementia): Alzheimers Dementia	8-10.45	Dr. Batoul AlWazzan	Expert 2.1.1.1.4, 3.6.2.	Kaplan and Sadock Chapter 21.3
Neurobiology of Dementia + Novel Treatments		Resident 1 + Dr. Abdullah AlOzairi		
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	



<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 9 (26/11/2026)				
Major Neurocognitive Disorders (Dementia): Lewy body and Parkinsons	8-10.45	Dr. Ali AlQattan	Expert 2.1.1.1.4, 3.6.2.	Kaplan and Sadock Chapter 21.3
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	

<u>Bariatrics:</u> <u>Multidisciplinary</u> <u>Bariatric</u> <u>Assessment</u>	1-2pm	Resident 3 + Dr. Husain AlSarraf Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
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Week 10 (03/12/2026)

Major Neurocognitive Disorders (Dementia): Vascular and Mixed Dementia's	8-10	Dr. Razan AlJassim	Expert 2.1.1.1.4, 3.6.2.	Kaplan and Sadock Chapter 21.3
Cognitive Enhancers	10-11	Resident 3 + Dr. Husain AlSarraf	Expert 2.1.1.7, 2.1.2.7, 4.1.2, 4.1.7, 2.1.1	Kaplan and Sadock Chapter 29.14
<u>DBT Therapy</u> <u>Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy</u> <u>Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	

Week 11 (10/12/2026)



<u>Neurodevelopmental Disorders:</u> ADHD	8-10am	Dr. Kostas	Communicator 1.1.1, Expert 3.7.1., 3.8, 4.1.5.1, 2.1.2.1.7, Collaborator 1	Kaplan and Sadock Chapter 31.5
<u>Behavioral Interventions for ADHD</u>		Dr. Hawra AlMahmeed		
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 12 (17/12/2026)				
<u>Neurodevelopmental Disorders:</u> Autism Spectrum Disorders	8-9 am	Dr. Kostas	Communicator 1.1.1, Expert 3.7.1., 3.8, 4.1.5.1, 2.1.2.1.7, Collaborator 1	Kaplan and Sadock Chapter 31.5



Behavioral Interventions in Autism spectrum disorder	9-10	OT Therapists Sara AlAli		Uptodate - Autism spectrum disorder in children and adolescents: Behavioral and educational interventions
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 13 (24/12/2026)				
Developmental Trauma	8-9am	Dr. Hawra AlMahmeed	Expert 2.1.1.1.3, 4.1.4.1, 4.1.5.1, 4.1.4.2	Kaplan and Sadock Chapter 31.12a, 31.12b, 31.12c
<u>Psychiatric manifestations of Genetic Illness</u>	9-10	Dr. Wala(Genetics)		
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	

<u>Anesthesia: ECT</u>	1-2pm	Resident 4 + Dr. Mohammad Bn Ali Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
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Week 14 (31/12/2026) *May be affected by NY Holiday

<u>Developmental Theories: Learning, attachment, cognitive development</u>	9:00 - 10:00 am	Resident 1 - Dr Waleed Wasfy	Medical expert 2.1.1.3.	- Kaplan and Sadocks synopsis (Chapter 2.1 and 2.2)
Family therapy	11 - 11:45	Dr Amthal AlMutairi	Expert 2.1.1.8.	Kaplan and Sadock Chapter 28.4
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	

Week 15 (07/1/2027) *May be affected by Isra Wa Miraj Holiday

Behavioral and Psychological aspect of Dementia	8-9 am	Dr. Khalid AlShatti	Expert 2.1.1.1.4, 3.6.2.	Kaplan and Sadock Chapter 21.3 UptoDate -Management of neuropsychiatric symptoms of dementia
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Mangement of BPSD; behavioral interventions and pharmacological treatment	9-10am	Resident 2 + Dr. Noura AlNouri	Expert 2.1.1.1.4, 3.6.2.	Kaplan and Sadock Chapter 21.3 UptoDate -Management of neuropsychiatric symptoms of dementia
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 16 (14/01/2027)				
Mood Disorders in children	8-9am	Dr. Bibi AlAmiri	Expert 2.1.1.1.3, 4.1.4.1, 4.1.5.1, 4.1.4.2	Kaplan and Sadock Chapter 31.12a, 31.12b, 31.12c



Mood Disorders in Elderly	10 - 10:45	Resident 3 + Dr. Hamad AlSaffi	Expert 1.3.2, 2.1.1.1.3, 2.1.1.1.2	CANMAT 2016: Section 6 Special Populations and CANMAT 2023 Update 1
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 17 (21/01/2027)				
Anxiety disorders in children	10 - 10:45	Dr. Eman Albloushi	Expert 2.1.1.1.1	Kaplan and Sadock Chapter 31.13

Anxiety disorders in elderly	10 - 10:45	Resident 4 + Dr. Maged Baheyeldin	Expert 2.1.1.1.1	Kapland and Sadock Chatper 33 - Anxiety disorder, OCD
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 18 (28/01/2027)				
<u>Feedback to Faculty + RESIDENT WELLNESS DAY</u>	9-10am			All Day
Week 19 (04/02/2027)				



Cognitive Testing and Neuropsychiatric Evaluation; Beyond the MMSE	8-9	Dr. Hussain Al Sarraf	Expert 2.1.2.5, 3.7.1., 3.7.3, 3.7.4	TBD
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Rheumatology: Neuropsychiatric manifestations of Autoimmune Diseases</u>	1-2pm	Resident 1 + Dr. Noura AlNouri Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 20 (11/02/2027) *Ramadan timing				
Delirium in the Elderly	9:00 - 9:45	Dr. Waleed Wasfy	Expert 3.6.2, 2.1.1.1.4	Kaplan and Sadock Chapter 21.2
Advanced Psychotherapy - Supervision	12-1pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 21 (18/02/2027)				



Intellectual disorders	9-10	Dr. Shaima Othman	Communicator 2.2, Expert 3.7.1, 3.8, 4.1.5.1, 2.1.2.1.7, Collaborator 1	Kaplan and Sadock Chapter 31.3
Assessment and Diagnosis of Learning Disorders and IQ testing	10-11	Dr Amthal AlMutairi		Uptodate - Intellectual disability (ID) in children
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 22 (25/02/2027) National and Liberation Day

Week 23 (04/3/2027)

Psychotic disorders in children/ adolescence	9-10	Dr. Ahmad Nagi	Expert 2.1.1.1.7, 3.8, 4.1.1, 1.3.2	Kaplan and Sadock Chapter 31.15
Psychotic disorders in elderly	10-11	Resident 2 + Dr. Mamdouh ALGamal	Expert 3.6.2, 1.3.2	Kapland and Sadock Chatper 33 - Schizophrenia, Delusional disorder
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 24 (11/03/2027) Eid AlFitr Holiday

Week 25 (18/03/2027)



Medical Issues in Geriatric population	8-9	Dr. Sharifa AlNaqeeb	Expert 3.6.1, 6 Communicator 4.5, 4.3, 5.4 Collaborator 4.6	UpToDate articles -Overview of treatment of insomnia in adults
<u>Clinical interview: Child</u>	10-12	Resident 1 + Dr. Bibi AlAmiri	Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 26 (25/3/2027)				
CBT for children/ adolescents	9-10am	Dr Amthal AlMutairi	Expert 2.1.1.8.	
<u>Clinical interview: Child</u>	10-12	Resident 2 + Dr. Hawra AlMahmeed	Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

<u>Dermatology/ Plastics: Body Dysmorphic Disorder</u>	1-2pm	Resident 3 + Dr. Fajer BuKubar Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
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Week 27 (1/4/2027)

Eating disorders	9:00 - 9:45	Dr. Aseel AlIbrahim	Expert 4.1.4.1, 4.1.4.2, 4.1.5.3,	Kaplan and Sadock Chapter 15
Eating disorders: Medical interventions	10-11	Dr. Fatima (Peds)	Expert 4.1.4.1, 4.1.4.2, 4.1.5.3,	Kaplan and Sadock Chapter 15
<u>Introduction to DBT 1 (Groups C+D)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 28 (8/04/2027)



Impulse Control Disorders: Oppositional Defiant Disorder and Conduct Disorder	8-9.30	Dr. Eman AlBoloushi	Expert 2.1.1.1.6, 4.1.4.1	Kaplan and Sadock Chapter 31.12d and 31.12e
<u>Introduction to DBT 2 (Groups C+D)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 29 (15/04/2027)				
OCD and Tourette syndrome	8-9 am	Dr. Hawra AlMahmeed	Expert 2.1.1.1.5	Kaplan and Sadock Chapter 31.14, 31.8
<u>Introduction to DBT 3 (Groups C+D)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 30 (22/04/2027)				



Elimination disorders	9-10	Dr. Duoaa Abdullah		TBD
Communication Disorders	10 - 10:45	Dr. Shaima Othman	Communicator 2.2, Collaborator 1, Expert 2.1.2.1.7	Kaplan and Sadock Chapter 31.4
<u>Introduction to DBT 4 (Groups C+D)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 31 (29/04/2027)				
Elderly Abuse, legal capacity testing (financial capacity, testamentary capacity etc).	8-9	Dr. Waleed Wasfy		
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Endocrinology: Metabolic Syndrome</u>	1-2pm	Resident 2 + Dr. Ibrahim AIObaid Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar

Week 32 (06/05/2027)



Substance use disorders in children/ adolescence	8-9	Dr. Eman AlBoloshi	Expert 2.1.1.1.8, 4.1.6.3	Kaplan and Sadock Chapter 31.16
Substance use disorders in elderly	9-10	Dr. Hussain AlShatti	Expert 2.1.1.1.8	Kapland and Sadock Chatper 33 - Alcohol and other substance use disorder.
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 33 (13/05/2027)				
Gender Identity & Sexual Orientation	8-9	Dr. Aseel Alibrahim	Expert 2.1.2.1.5	Kaplan and Sadock Chapter 18
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	



Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
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Week 34 (20/05/2027) *May be affected by Eid AlAdha

Dignity Therapy	8-9	Dr. Noura AlNouri		
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 35 (27/05/2027)

End of Life Care / Bereavement in the Elderly	8-9	Dr. Sultan AlQadiri		
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	



<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Internal Medicine: Lithium Toxicity</u>	1-2pm	Resident 1 + Dr. Sara AlShalabi Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 36 (03/06/2027)				
<u>Feedback to residents and faculty</u>	9-10 am	Faculty		
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 37 (10/06/2027)				
<u>Clinical interview: Geriatrics</u>	8-10	Resident 3 + Dr. Mamdouh ElGamal	Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	



Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 38 (17/06/2027)				
<u>Clinical interview: Geriatrics</u>	8-10	Resident 4 + Dr. Husain AlSarraf/ Dr. Mamdouh ElGamal	Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 39 (24/6/2027)				
<u>Rescheduled/ Supplementary Lectures</u>				
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	



<u>Emergency Medicine: Physical symptoms in Psychiatric Patients</u>	1-2pm	Resident 4 + Dr. Fajer AlHashemi Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
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Week 40 (01/7/2027)

<u>Rescheduled/ Supplementary Lectures</u>				
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 41 (08/07/2027)

<u>Rescheduled/ Supplementary Lectures</u>				
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 42 (15/07/2027)



Formulation Seminar (PGY2 +3)	9-10	Dr. Noura AlNouri		
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 43 (22/07/2027)				
Formulation Seminar (PGY2 +3)	9-10	Dr. Abdullah AlHashemi		
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 44 (29/07/2027)				
Formulation Seminar (PGY2 +3)	9-10	Dr. Sara AlShalabi		
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	



<u>Neurology: CNS Infections</u>	1-2pm	Resident 1 + Dr. Najah AlEnezi Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
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Week 45 (05/08/2027)

Formulation Seminar (PGY2 +3)	9-10	Dr. Hamad AlSaffi		
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 46 (12/08/2027)

<u>Rescheduled/ Supplementary Lectures</u>				
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 47 (19/08/2027)

<u>Rescheduled/ Supplementary Lectures</u>				
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 48 (26/08/2027)

<u>Rescheduled/ Supplementary Lectures</u>				
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<u>Geriatrics: MCI</u>	1-2pm	Resident 2 + Dr. Mamdouh ElGamal Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 49 (2/09/2027)				
<u>Feedback to residents and faculty</u>	9-10 am	Faculty		
Advanced Psychotherapy - Supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 50 (9/09/2027)				
<u>Rescheduled/ Supplementary Lectures</u>				
Week 51 (16/09/2027)				
<u>Rescheduled/ Supplementary Lectures</u>				
Week 52 (23/09/2027)				
<u>Rescheduled/ Supplementary Lectures</u>				
<u>Neurology: Psychogenic Non- Epileptic Seizures</u>	1-2pm	Resident 2 + Dr. Mahmoud Bekheit Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 53 (30/09/2027)				
<u>Resident Retreat + Faculty Appreciation Day</u>				Organized by KBP Resident Club

MINISTRY OF HEALTH
Kuwait Institute for
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Faculty of Psychiatry



وزارة الصحة
معهد الكويت للإختصاصات الطبية
كلية الطب النفسي