



PGY4 Schedule – Core Curriculum

1. Academic days will take place **every Thursday** starting at 8 am in the resident's room (times may be adjusted with the tutor for better convenience).
2. Resident **attendance must be marked for each lecture through Elentra**. Attendance rates below 70% may result in an “unsatisfactory” rating and will become part of your academic file and will be reviewed by the program director.
3. Lectures that are marked as resident-led will be presented by the resident with tutor guidance, otherwise tutors will be presenting all didactics. Residents are expected to divide the presentations equally amongst themselves.
4. Tutors can provide additional slides or summaries when appropriate when it serves the academic subject.
5. All residents attending the core curriculum lectures will be expected to have read the appropriate chapters written in the references. Chapters may overlap and get repeated due to the importance of subject. Electronic access will be provided to residents via the board website. The main reference is Kaplan and Sadock's synopsis, latest edition. Articles and other references will be provided in PDF documents.
6. On the day of lectures, you will be expected to complete a Tutor's Evaluation Form for each lecture.
7. If a resident is unable to present on their assigned day they must arrange a substitute with their colleague or discuss with their tutor to present on a different date. This must be flagged to the program director.
8. If a tutor is unable to present on their assigned day they must arrange a substitute with their colleagues or discuss with their residents to present on a different date. This must be flagged to the program director.
9. In case of academic day schedule change, it is expected that the residents will resume their work duty on that day.
10. Residents are asked to arrange their on-call schedules and duties. Avoid (if possible) night duty on Wednesdays for better preparation for academic day.
1. **Formulation Seminar (PGY4):** Residents will work in small groups on formulating a case presented by the supervisor and then one resident will present their formulation for discussion.

**Important Dates:****11. Quality Improvement Longitudinal Rotation:**

PGY3 and PGY4 residents will join the KBIM (Kuwait Board of Internal Medicine) on the following days or the QI workshop. The workshop will be held in the Jaber Hospital Auditorium on Mondays.

QI Rotation Supervisor - Dr. Mohammad Behbehani

Safety Tools	September 21, 2026
Introduction to QI - Part 1	October 19, 2026
Introduction to QI - Part 2	October 26, 2026
Project Review	TBD - January 2027
Project Presentation	TBD - June 2027

Contact: mohbehbehani@moh.gov.kw

12. Clinical Crossroads:

An interdisciplinary collaboration between psychiatry and other programs with the aim of sharing knowledge and perspectives on topics commonly crossing both disciplines. Residents from each program will prepare a 20 min presentation on the topic (total 40 mins from both) and present to each other on zoom. A supervisor will be present from each discipline to facilitate a 20 mins discussion at the end. PGY3 residents are expected collaboratively on the presentation; colleagues will support the presenting resident with literature review on latest evidence.

The seminar will be held on the **last Thursday of every month.**

13. Psychotherapy Rotation; DBT Schedule:

PGY3 + PGY4 residents will be split into 4 groups. **The first 2 groups will run from October, 2026 to February 2027. The second 2 groups will run from April to July 2027.** Residents not doing DBT groups at the time are expected to organize clinical interview practice with their supervisors during this time or work on their QI project.

Group A: Dr. Saad AlShanfari, Dr. Bodour AlBader, Dr. Fawzeih AlRashidi

Group B: Dr. Bodour Malik, Dr. Fatima AlKandiri, Dr. Elham AlDuaib

Group C: Dr. Mohammad AlJuwaiser, Dr. Fajer AlSumait, Dr. Noura Abdulsalam

Group D: Dr. Saba AlTamimi, Dr. Bandar AlMutairi, Dr. Noura AlModahka

Core Curriculum PGY4 lectures

Topic	Time	Presenters	CaNMEDS objectives:	References
Week 1 (01/10/2026)				
<u>Orientation Day</u>	8-10.30 am	Program Director and Faculty	Collaborator 1, 2 Leader 1	Resident and Tutor Manual 2019
<u>Orientation to CBME</u>	10.30-11.30			
<u>Feedback to Program Director</u>	12-1pm			
<u>Resident to Resident Feedback</u>	1-2pm			
Week 2 (08/10/2026) - Medical Psychiatry Block:				
<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Introduction to CL Psychopharmacology; cardiac, liver, renal, bleeding, seizure considerations</u>	10-11	Dr. Waleed Wasfy +PGY5	Medical Expert 1.3.14 2.1.2.1.11 2.1.2.7 Collaborator	Kaplan and Sadocks synopsis Chapter 25.1 Chapter 3.1, Chapter 21 APA Practice Guideline Delirium 2025
<u>Introduction to DBT 1 (Groups A+B)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	



Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 3 (15/10/2026)				
Formulation Seminar: Depression	8-9	Dr. Abdullah AlHashemi		
Depression in Medical Settings Case - The Shrivingling	9-11	Dr Najah AlEnezi	Medical Expert 1.3.14 2.1.1.7 2.1.1.8	Kaplan and Sadocks synopsis Chapter 25
<u>Introduction to DBT 2 (Groups A+B)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 4 (22/10/2026)				
<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Medical Emergencies: SS, NMS, Malignant Hyperthermia, Catatonia</u>	10-11	Dr. Mahmoud Bekheit	Medical Expert 4.1.7.	UpToDate – Serotonin Syndrome, Neuroleptic Malignant Syndrome



<u>Introduction to DBT 3 (Groups A+B)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 5 (29/10/2026)				
<u>Psychiatric Emergencies: Agitation and Suicidality on CL</u>	8-9.30	Dr. Hamad AlSafi	Medical Expert 4.1.7.	UpToDate – Serotonin Syndrome, Neuroleptic Malignant Syndrome
<u>Introduction to DBT 4(Groups A+B)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Toxicology: Psychiatric Overdoses and Toxicity Profiles</u>	1-2pm	Resident 4 + Dr. Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 6 (05/11/2026)				
<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Neuropsychiatric Presentations of Stroke and Management	10-11	Neuro	Medical Expert 1.3.14., 2.1.1.1.4.,3.5.3. 7.3.,3.7.4	UpToDate - Complications of stroke: An overview
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	



<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 7 (12/11/2026)				
Formulation Seminar: Psychosis	9-10	Dr. Husain AlSarraf		
<u>Delirium: advanced psychopharmacology + psychosocial interventions</u>	8-9.30	Dr. Husain AlSarraf/ Dr. Abdullah Alozairi	Medical Expert 4.1.7.	APA Guidelines on Delirium
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 8 (19/11/2026)				
<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)



Psychiatric presentations in Epilepsy	10-11	Dr. Mohammad Ashkanani (TBC)	Medical Expert 1.3.14., 2.1.1.1.4.,3.5. 3.7.3.,3.7.4	UpToDate - Comorbidities and complications of epilepsy in adults
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 9 (26/11/2026)				
<u>-Neuropsychiatric Syndromes:</u> <u>Encephalopathies/</u> <u>Encephalitis</u> <u>-HIV</u> <u>- Rapidly Progressive Dementias</u>	8-10	Dr. Abdullah Alozairi/ Dr Hussain AlSarraf	Medical Expert 2.1.1.1.7.	Kaplan and Sadocks synopsis Chapter 3.2, 3.3, 3.4
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	

<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Bariatrics: Multidisciplinary Bariatric Assessment</u>	1-2pm	Resident 3 + Dr. Husain AlSarraf Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 10 (03/12/2026)				
<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
“The Difficult Patient”, formulating in the CL Setting and Bedside Psychotherapy	10-11	Dr. Sara AlShalabi	Medical Expert 2.1.1.8.	Kaplan and Sadocks synopsis Chapter 32
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	

Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 11 (10/12/2026)				
Formulation Seminar: CBT Case	8-9	Dr. Hamad AlSafi		
Neuropsychiatry of TBI	10-11	Dr Al Bahrani	Medical Expert 1.3.14.	- Kaplan and Sadocks synopsis Chapter 25
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
Week 12 (17/12/2026)				
<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)



Psycho-oncology and palliative psychiatry	10-11	Dr. Abdullah Alozairi Dr. Hussain AlSarraf	Medical Expert 2.1.1.1.7.	Kaplan and Sadocks synopsis Chapter 25 UpToDate - Patients with cancer: Overview of the clinical features and diagnosis of psychiatric disorders
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	

Week 13 (24/12/2026) Advanced Management in SPMI:

Formulation Seminar: Risk Assessment	8-9	Dr. Noura AlNouri		
SPMI (Severe Persistent Mental Illness): Schizophrenia, LAI Case Challenge: The Nihilist	8-10	Dr. Sara AlShalabi	Medical expert 1.3.20.8, 1.3.24.1.	-Kaplan and Sadocks synopsis (Ch 5, 21.1) -Clozapine (Kane 1988) Guideline/ Checklist Clozapine (Correll 2022) https://doi.org/10.1007/s40263-022-00932-2 -TRS (Tihonen 2022) -AAP Clozapine

<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Anesthesia: ECT</u>	1-2pm	Resident 2 + Dr. Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 14 (31/12/2026) *May be affected by NY Holiday				
<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Schizophrenia: Clozapine-resistant Schizophrenia</u>	10-11	Dr. Noura AlNouri	Medical Expert 2.1.1.1.7.	Kaplan and Sadocks synopsis Chapter 25 UpToDate - Patients with cancer: Overview of the clinical features and diagnosis of psychiatric disorders
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	



Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisors	Medical Expert 1.3.25	
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Week 15 (07/1/2027) *May be affected by Isra Wa Miraj Holiday

Formulation Seminar: Mania	8-9	Dr. Abdullah AlHashemi		
Reflective Practice: what can advocacy look like?	10-11	Dr. Sara AlShamali		
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 16 (14/01/2027)

<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
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SPMI (Severe Persistent Mental Illness): Managing Side Effects, Measurement Based Care	10-11	Dr. Abdullah AlHashemi	Medical expert 4.1.4.	-Kaplan and Sadocks synopsis (Ch 21.1, 21.2, 21.3, 21.6) Antipsychotics weight gain (Stogies 2023) https://doi.org/10.1007/s11920-023-01458-0 Canadian Guidelines for TD (2019)
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 17 (21/01/2027)				
<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)



SPMI (Severe Persistent Mental Illness): Negative and Cognitive Symptoms Recovery oriented Care Psychosocial Interventions: EI, ACT, CTO's	10-11	Dr. Noura AlNouri	Medical expert 1.3.12., 2.3	-Negative Symptoms in Schizophrenia (Correll 2020) - MHCC Guidelines for Recovery oriented practice
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 18 (28/01/2027)				
<u>Feedback to Faculty</u> + RESIDENT WELLNESS DAY	9-10am			All Day
Week 19 (04/02/2027) Addictions Block:				



<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
SPMI (Severe Persistent Mental Illness): Depression (TRD), Esketamine, neuromodulation	10-11	Dr. Ammar AlSayegh	Medical expert 1.3.20.4.	-Kaplan and Sadocks synopsis (Ch 7), 25 - CANMAT Ketamine Guidelines 2020
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Rheumatology: Neuropsychiatric manifestations of Autoimmune Diseases</u>	1-2pm	Resident 2 + Dr. Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 20 (11/02/2027) *Ramadan timing				
Leadership Seminar: Foundational Learning	10-11	Dr. Talal ElSayed		



Advanced Psychotherapy - Seminar/ supervision	12-1pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 21 (18/02/2027)				
Formulation Seminar: Substance Use	9-10	Dr. Ammar AlSayegh		
SPMI (Severe Persistent Mental Illness): Bipolar Disorder Pharmacological and Psychosocial Treatments	10-11	Dr. Ibrahim AlMazeedi	Medical expert 1.3.20.8, 1.3.24.1.	-Kaplan and Sadocks synopsis (Ch 5, 21.1) STEP-BD ~ clozapine and bipolar (Costa 2017) - Efficacy and tolerability of pharmacological interventions in Bipolar depression (Yildiz 2023)
Advanced Psychotherapy - Seminar/ supervision	12-1pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 22 (25/02/2027) National and Liberation Day				
Week 23 (04/3/2027)				
<u>Clinical interview</u>	9-11		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)



<u>Mood Disorders- Bipolar: rapid- cycling, treatment- resistant mania and depression</u>	11-12	Dr. Abdullah AlHashemi	Medical Expert 2.1.1.1.7.	Kaplan and Sadocks synopsis Chapter 25 UpToDate - Patients with cancer: Overview of the clinical features and diagnosis of psychiatric disorders
Advanced Psychotherapy - Seminar/ supervision	12-1pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 24 (11/03/2027) Eid AlFitr Holiday				
Week 25 (18/03/2027)				
<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Anxiety & OCD: Refractory Cases & Combination Therapies</u>	10-11	Dr. Sara AlShamali	Medical Expert 2.1.1.1.7.	Kaplan and Sadocks synopsis Chapter 25 UpToDate - Patients with cancer: Overview of the clinical features and diagnosis of psychiatric disorders
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 26 (25/3/2027)

Formulation Seminar: Trauma	8-9	Dr. Hawra AlMahmeed		
<u>Complex PTSD, Dissociation, and Severe Developmental Trauma</u>	9-10	Dr Eman AlBuloushi		
<u>Dermatology/ Plastics: Body Dysmorphic Disorder</u>	1-2pm	Resident 2 + Dr. Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar

Week 27 (1/4/2027) Addictions Block:

<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Substance Use Disorders: The Psychological Theory	11-12	Dr Ammar Alsayegh	Medical Expert 2.1.1.1.8	Kaplan and Sadocks synopsis Chapter 4
<u>Introduction to DBT 1 (Groups C+D)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 28 (8/04/2027)

<u>Clinical interview</u>	8-10		Communicator 1,2,3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Pharmacological treatment of addiction: Alcohol Use Disorder	10-11	Dr. Husain AlShatti	Medical Expert 2.1.1.1.8.,1.3.7.	Kaplan and Sadocks synopsis (Chapter 4, Section 4.2) - APA Practice Guidelines: Pharmacological Treatment of Patients with Alcohol Use Disorder (2018)
<u>Introduction to DBT 2 (Groups C+D)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 29 (15/04/2027)

<u>Clinical interview</u>	8-10		Communicator 1,2,3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
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Motivational Interviewing	11-12	Dr Shaima AlMahmoud	Medical Expert 4.1.5.3	Kaplan and Sadocks synopsis -Motivational Interviewing, Third Edition:
<u>Introduction to DBT 3 (Groups C+D)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 30 (22/04/2027)				
<u>Clinical interview</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Pharmacological treatment of addiction: Opioid Use Disorder	9-11	Dr. Hussain Al-Shatti	Medical Expert 2.1.1.1.8.,1.3.7.	UpToDate - Substance use disorders: Training, implementation, and efficacy of treatment with contingency management, Opioid use disorder: Treatment overview
<u>Introduction to DBT 4 (Groups C+D)</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	

Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 31 (29/04/2027)				
Formulation Seminar: Personality Disorders	8-9	Dr. Sara AlShalabi		
Psychosocial Models of Treatment for Substance Use Disorders	9-10	Dr Hamad AlSafi	Medical Expert 2.4.11	-ASAM Criteria (Levels of Care) -Meta-Analytic Review of Psychosocial Interventions for SUD https:// doi.org/ 10.1176/ appi.ajp.2007.061 11851
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Endocrinology: Metabolic Syndrome</u>	1-2pm	Resident 2 + Dr. Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 32 (06/05/2027)				



<u>EXIT CITE</u> <u>(Resident 1)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Reflective Practice: Evidence-based day to day practice	10-11	Dr. Ibrahim AlMazeedi		
<u>DBT Therapy</u> <u>Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy</u> <u>Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 33 (13/05/2027) Women's Health:				
<u>EXIT CITE</u> <u>(Resident 2)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
-Perinatal psychiatry I (Overview and Depression)	9-10	Dr Aseel Al-Ibrahim	Medical Expert 2.1.1.7.	- Kaplan and Sadocks synopsis Chapter 25
<u>DBT Therapy</u> <u>Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	



<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 34 (20/05/2027) *May be affected by Eid AlAdha				
<u>EXIT CITE (Resident 3)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
- Perinatal Psychiatry II (Bipolar Disorder, psychosis, SUD)	9-11	Dr Aseel Al-Ibrahim	Medical Expert 2.1.1.7.	- Kaplan and Sadocks synopsis Chapter 25
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 35 (27/05/2027)

<u>EXIT CITE</u> <u>(Resident 4)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
-Perinatal psychiatry III (Premenstrual dysphoria, postmenopausal depression)	10-11	Dr. Aseel Al-Ibrahim	Medical Expert 2.1.1.7.	- Kaplan and Sadocks synopsis Chapter 25
<u>DBT Therapy</u> <u>Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy</u> <u>Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Internal Medicine:</u> <u>Lithium Toxicity</u>	1-2pm	Resident 2 + Dr. Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar

Week 36 (03/06/2027)

<u>Feedback to</u> <u>residents and</u> <u>faculty</u>	9-10 am	Faculty		
<u>DBT Therapy</u> <u>Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy</u> <u>Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	

Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 37 (10/06/2027) Forensic Psychiatry:				
<u>EXIT CITE</u> <u>(Resident 5)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Case Discussion:</u> <u>Review Boards,</u> <u>forms, mental</u> <u>health act</u>	8:00 - 8:45am	Dr AbdulMohsen AlHumoud Dr Talal Ahmed	Medical expert 2.1.2.2	- Kaplan and Sadocks synopsis
<u>DBT Therapy</u> <u>Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy</u> <u>Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 38 (17/06/2027)				
<u>EXIT CITE</u> <u>(Resident 6)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)



<u>The Forensic Mental Health System: and The Forensic Assessments, Violence risk assessment and the HCR-20</u>	8:00 - 8:45am	Dr AbdulMohsen AlHumoud/ Dr Talal Ahmed	Medical expert 2.1.2.2	- Kaplan and Sadocks synopsis
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 39 (24/6/2027)				
<u>EXIT CITE (Resident 7)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
Reflective Practice: Team Dynamics (Intention vs Impact)	9-10	Dr. Talal ElSayed		
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	

<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>Emergency Medicine: Physical symptoms in Psychiatric Patients</u>	1-2pm	Resident 2 + Dr. Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 40 (01/7/2027)				
<u>EXIT CITE (Resident 8)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 41 (08/07/2027)				



<u>EXIT CITE</u> <u>(Resident 1)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>DBT Therapy</u> <u>Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy</u> <u>Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 42 (15/07/2027)				
<u>EXIT CITE</u> <u>(Resident 2)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>DBT Therapy</u> <u>Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy</u> <u>Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

**Week 43 (22/07/2027)**

<u>EXIT CITE</u> <u>(Resident 3)</u>	8-10		Communicator 1,2,3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>DBT Therapy Group C</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group D</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 44 (29/07/2027)

<u>EXIT CITE</u> <u>(Resident 4)</u>	8-10		Communicator 1,2,3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>DBT Therapy Group A</u>	11-12	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	
<u>DBT Therapy Group B</u>	12-1	Dr Athari Hyat Dr Waleed Murad	Medical Expert 4.1.5.2	

<u>Neurology: CNS Infections</u>	1-2pm	Resident 2 + Dr. Najah AlEnezi Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
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Week 45 (05/08/2027)

<u>EXIT CITE (Resident 5)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Rescheduled/ Supplementary Lectures</u>				
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 46 (12/08/2027)

<u>EXIT CITE (Resident 6)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Rescheduled/ Supplementary Lectures</u>				
Advanced Psychotherapy -	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	

Week 47 (19/08/2027)

<u>EXIT CITE</u> <u>(Resident 7)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Rescheduled/ Supplementary Lectures</u>				
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 48 (26/08/2027)				
<u>EXIT CITE</u> <u>(Resident 8)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Rescheduled/ Supplementary Lectures</u>				
<u>Geriatrics: MCI</u>	1-2pm	Resident 2 + Dr. Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 49 (2/09/2027)				
<u>Feedback to residents and faculty</u>	9-10 am	Faculty		



Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 50 (9/09/2027)				
<u>EXIT CITE (Extra Attempt)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>EXIT CITE (Extra Attempt)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Rescheduled/ Supplementary Lectures</u>				
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 51 (16/09/2027)				
<u>EXIT CITE (Extra Attempt)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)

<u>EXIT CITE (Extra Attempt)</u>	8-10		Communicator 1,2, 3,4 Professional 1.1. , 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.	- Kaplan and Sadocks synopsis (Chapter 5.1)
<u>Rescheduled/ Supplementary Lectures</u>				
Advanced Psychotherapy - Seminar/ supervision	1-2pm	CBT/ Psychodynamic Supervisor	Medical Expert 1.3.25	
Week 52 (23/09/2027)				
<u>Rescheduled/ Supplementary Lectures</u>				
<u>Neurology: Psychogenic Non-Epileptic Seizures</u>	1-2pm	Resident 3 + Dr. Zoom	Medical Expert 1.3.25	Clinical Crossroads: Interdisciplinary Resident Seminar
Week 53 (30/09/2027)				
<u>Resident Retreat + Faculty Appreciation Day</u>				Organized by KBP Resident Club